



Update: Papscaanee Island Historic District Approved by National Park Service

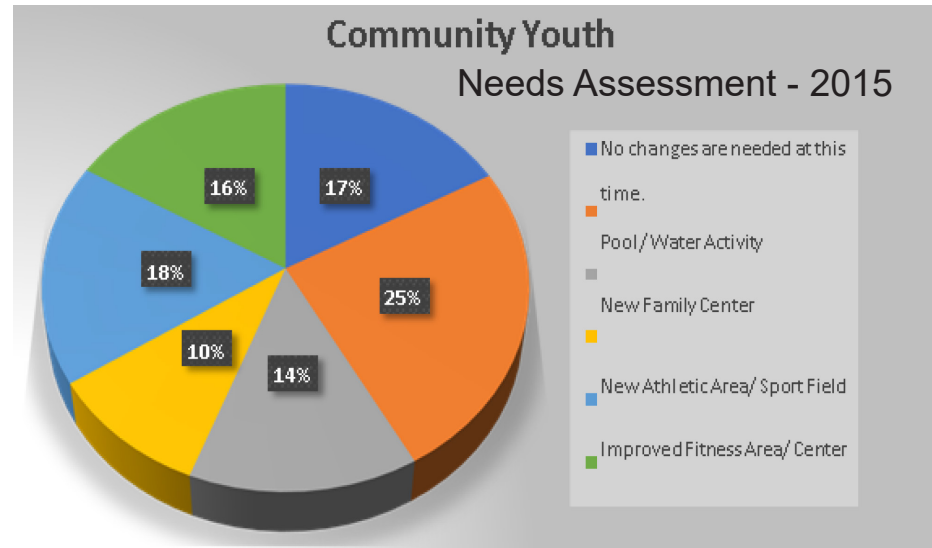
By Jeff Bendremer, Ph.D.
 On January 26th, the Tribal Historic Preservation Office was informed that the National Park Service had approved its nomination of Papscaanee Island as “eligible” for listing on the National Register of Historic Places. A month before, Papscaanee Island Historic District was approved by the State of New York Historic Preservation Review Board and subsequently listed on the New York Register of Historic Places. This was detailed in a previous Mohican News article. This project, supported by a National Park Service Underrepresented Communities Grant applied for by the Tribal Historic Preservation Office, provided an opportunity to identify and assess a variety of historic and cultural sites on the island,
Park cont on page Four:



Katie Carroll is the new Community Health Registered Nurse Elder Care. Her position will have her doing a number of things including but not limited to: Frail Elder Program, Chronic Illness Monitoring, Medication Management/ Medication Set-Up, Vital Signs Check, Nursing Assessment, Communication with Primary Care Providers and Outside Healthcare Providers, Lifeline Supervision, Wound Care Education, Elderly Immunization Clinics, Health Screenings & Community Education. Katie received her education from: Associate Degree in Nursing from Northeast Wisconsin Technical College in 2018 and Bachelor’s of Science in Nursing Degree from University of Wisconsin-Green Bay in 2022.

For the past 8 years Katie worked at St. Vincent Hospital in Green Bay first as a Certified Nursing Assistant and then as an RN on their Cardiac/Neuro/Medical-Surgical Floor. She accepted the Community Health
Nurse cont page Four:

The Mohican Family Center is being Updated and Expanded



Tribal Council Release: Thanks to the efforts of many during the core planning, design, and approval phases, the updating and expansion of the Mohican Family Center will soon become a reality.

Initial groundbreaking is set for April 2024 with the intended completion occurring in June 2025. The process will start with constructing the new addition and then
Center cont on page Six:

Storm Documentary



By Thomas Kazik – Mohican News Reporter

On January 24, 2024 the tribe hosted a community viewing of the documentary done of the storm of 2022. As we know that storm did historic damage and as of January 1st 2024, nearly 75% of the 6,800 acre blowdown has been salvaged by the dedicated

logging crews. The documentary showed the extent of the storm, not only the damage but also how the community worked together to make sure everything and everyone was okay. Without all departments and volunteer services working together the storm could have been much worse for people.

Storm cont on page 12:

PRSRST STD
 US POSTAGE PAID
 SHAWANO, WI
 PERMIT NO. 135



What's Inside?

Ads
 Voices

pg 14-16
 pg 3

Elders
 Health

pg 4
 pg 11




Spring 2024 Wills Caravan

Judicare Legal Aid will be holding our annual WILLS CARAVAN during the week of **March 11-15, 2024**. Attorneys from our Indian Law Office and students from Columbia & Marquette Law Schools will be providing **FREE** Wills services to Tribal Elders during two tours running simultaneously:
(1) Northern Tour
(2) Southern Tour

NORTHERN TOUR

3/11/2024 - St. Croix Tribe

3/12/2024 - Bad River Tribe

3/13/2024 - Sokaogon Tribe

3/14/2024 - Stockbridge-Munsee

3/15/2024 - Menominee Tribe

SOUTHERN TOUR

3/11/2024 - Ho-Chunk Black River Falls

3/12/2024 - Ho-Chunk Wisconsin Dells

3/13 - 3/15/2024 - Urban Milwaukee

To Schedule an Appointment

STEP 1:
Call Beth Shampo at (715) 847-4526 or your Tribal Benefit Specialist to **REQUEST** the **REQUIRED** forms.

STEP 2:
Complete the forms.

STEP 3:
Return completed forms to Beth by email (bshampo@judicare.org) or fax (715-841-1010) or to your Tribal Benefit Specialist.

STEP 4:
Beth will contact you to schedule your appointment.

Please note an appointment will ONLY be scheduled once Judicare receives your completed paperwork.

Appointments are in high demand. We therefore ask that you call us ASAP if you cannot make your appointment.

Elder Snowball Social

Music w/DeeJay, Light appetizers, Dancing, Socializing !

Date: Saturday February 17, 2024
Time: 3pm-6 pm
Place: Eunice Stick Gathering Place

Transportation needs: please call: 715 793-4236
Transportation will be provided to those in our service area-by **PRE-REGISTRATION!** Please call

Do you want to present in our homelands? There are frequent requests for tribal members to speak in our eastern homelands—the New York/Massachusetts area—and share about Mohican/Munsee history. We would like to compile a list of community members who may be interested in assisting the tribe in responding to these requests. If you are interested and have questions please contact Sherry White sherry.white@mohican-nsn.gov. There is a form to fill out on the tribal web site. Go to government/Tribal liaison look for the presenters form. Please let us know your topic of interest. Some examples might be: beadwork demonstration, traditional foods, traditional plants and medicine Hudson River Valley history, Stockbridge (Mass.) history, Revolutionary War history, role of Women in the tribe, environmental issues, traditional games, music, or our tribe today.

Express your thoughts and opinions. Let your voice be heard. We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal Offices or can be mailed to:

Mohican News
N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416
e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE COMMUNITY
Band of Mohican Indians

PUBLISHER:
Stockbridge-Munsee Community

EDITOR:
Jeff Vele

STAFF REPORTER:
Thomas Kazik II

EDITORIAL BOARD:
Rolanda Bierman
Diane Burr
Rose Strege
Kim Taylor

The Mohican News is published twice monthly by:

Stockbridge-Munsee Community
PO Box 70
N8480 Moh He Con Nuck Road
Bowler, WI 54416
Telephone: 715-793-4389

Mohican News welcomes articles, letters, photographs, and any publishable items of interest to Native Americans. All materials to be returned should be accompanied by a return self-addressed envelope with sufficient return postage. A one-year subscription rate is \$12.00 for 24 issues. Send check or money order to Mohican News. Mohican News is a member of: NAJA (Native American Journalist Association)

STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans

MOHICAN NEWS

Enrolled Tribal members: **FREE**

SUBSCRIBE TODAY!

The voice of the Stockbridge-Munsee Community
24 issues a year

Non-enrolled: **\$12.00 per year**

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
COMPANY _____

PLEASE CHECK:

NEW SUBSCRIBER, ENROLLED MEMBER

NEW SUBSCRIBER, NON-ENROLLED MEMBER

RENEWAL

ADDRESS CHANGE

MAIL TO:
Mohican News
PO Box 70
Bowler, WI 54416

Voice: 715-793-4389
Fax: 715-793-1307
mohican.news@mohican.com

Congratulations!

Education Department would like to Congratulate Cory Owen on receiving his Nursing Degree from Bellin School of Nursing.

Position on Representation of Tribal Interests

Stockbridge-Munsee Community seeks to educate and clarify its position on who speaks on its behalf when tribal interests, history, language, and culture are shared with the public.

Bowler, Wisconsin (February 6, 2024). The Stockbridge-Munsee Community ("Tribe") strongly believes in the power of education and to that end has implemented a campaign to educate the public about how to contact the Tribe and who is authorized to represent the Tribe, particularly when statements are made about tribal interests, history, language, and culture.

To that end, the Tribe is doing outreach to the public through the media. As the Tribe does not control the resulting article or statements by reporters and other persons interviewed in articles, the Tribe is providing this press release as supplemental information and to confirm its message.

The Tribal Council is the elected body who is authorized to speak on behalf of the whole of the tribal community when someone wishes to have the Tribe's position on a matter impacting the Tribe including, but not limited to, representations of the Tribe's history, language, and culture.

Persons who wish to have a statement from the Tribe on an issue or have a request for the Tribe need to contact the Tribe directly.

The Tribe's communications protocol is based on the governing principle that the Tribal President is the designated spokesperson for the Tribe and speaks on behalf of the Tribal Council as a whole.

No person may speak on behalf of or enter an agreement on behalf of the Tribe without express authorization from the Tribal Council.

The Tribe has a small number of employees that enjoy a limited delegation to speak on behalf of the Tribe, but none may bind the Tribe in any way. Being a tribal member does not make an individual a tribal spokesperson.

A Stockbridge-Munsee tribal member may make representations on their own behalf, but, it should be made clear that any such statements are made only on their own behalf, not as an official representation of the Tribe.

If the Tribe takes a position on an issue, that position will be made in the form of a release by the Tribal President or by a tribal representative who has a letter or a resolution from the Tribal Council.

(Editor's Note: Emphasis added through font size).



STOCKBRIDGE-MUNSEE TRIBAL COURT

CIVIL SUMMONS

Case No. 2022-CS-0018

Stockbridge-Munsee Tribal Child Support Agency, Petitioner,
Rochelle Doxtator, Respondent,

YOU ARE HEREBY NOTIFIED THAT a Civil Complaint/Petition has been filed against you in this office.

YOU ARE INSTRUCTED TO FILE A WRITTEN ANSWER to the Complaint/Petition within Twenty (20) days of the date this Summons and attached Complaint were served upon you. The answer must be filed with the Tribal Court at the Stockbridge-Munsee Tribal Offices at N8476 Moh He Con Nuck Road, Bowler, WI 54416, and a copy must be delivered or sent to the Petitioner or his/her attorney.

IF YOU FAIL TO ANSWER the complaint within the Twenty (20) days of the date you were served, a JUDGMENT may be entered, and the plaintiff may be awarded the relief asked for in the complaint.

DATED: May 25, 2022

Stockbridge-Munsee Tribal Clerk

CIVIL SUMMONS

In RE the Best Interest of: M.W.M. (D.O.B.: 10/25/2018)

Case No. 2024-CU-0001

Anita Mihtukswun
Petitioner,

Dylan T. Waupoose,
Respondent.

YOU ARE HEREBY NOTIFIED THAT a Civil Complaint has been filed against you.

YOU ARE INSTRUCTED TO FILE A WRITTEN ANSWER to the Complaint within Twenty (20) days of the date this Summons and attached Complaint were served upon you. The answer must be filed with the Tribal Court at the Stockbridge-Munsee Tribal Offices at N8476 Moh He Con Nuck Road, Bowler, WI 54416, and a copy must be delivered or sent to the plaintiff or his/her attorney.

IF YOU FAIL TO ANSWER the complaint within the Twenty (20) days of the date you were served, a JUDGMENT OR DEFAULT maybe entered and the plaintiff maybe awarded the relief asked for in the complaint.

DATED: February 1, 2024

CIVIL SUMMONS

In the matter of the Paternity of: M.V.G. (D.O.B.: 12/14/2019)

Case No. 2020-PA-0005

Stockbridge-Munsee Tribal Child Support Agency, and
Leanna J. Granquist
Petitioners,

Aaron M. Vele,
Respondent.



YOU ARE HEREBY NOTIFIED THAT a Civil Complaint has been filed against you.

YOU ARE INSTRUCTED TO FILE A WRITTEN ANSWER to the Complaint within Twenty (20) days of the date this Summons and attached Complaint were served upon you. The answer must be filed with the Tribal Court at the Stockbridge-Munsee Tribal Offices at N8476 Moh He Con Nuck Road, Bowler, WI 54416, and a copy must be delivered or sent to the plaintiff or his/her attorney.

IF YOU FAIL TO ANSWER the complaint within the Twenty (20) days of the date you were served, a JUDGMENT OR DEFAULT maybe entered and the plaintiff maybe awarded the relief asked for in the complaint.

DATED: July 16, 2020

Park cont from pg One: enhanced our understanding of traditional Mohican settlements and early Mohican-Dutch relations. The finding of eligibility by a federal agency will further support ongoing efforts to preserve this and other significant cultural resources in the Mohican Homeland, particularly in the Hudson River Valley. "It has been a longtime goal of our Historic Preservation Program to achieve listing of Papscanee Island to the National Register, in recognition of its central importance to our ancestors," said Bonney Hartley, Tribal Historic Preservation Manager. The Papscanee Island district includes the Nature Preserve owned by Stockbridge-Munsee Community but is a larger

area encompassing other historic parts of the Island. Despite numerous letters of support from local government, non-profits, state agencies, tribal nations, and museums, the nomination faced organized local landowner opposition. As result, even with the positive review and recognition that the Papscanee Island Historic District is eligible for listing on the National Register, it cannot be sent to the "Keeper" for listing. To learn more about this project, Papscanee Island, and the National Register process, join Dr. Jeffrey Bendremer, Stockbridge-Munsee Community Tribal Historic Preservation Officer, on March 13, 2024, 11:00 AM EST, by registering at this webpage: <https://www.mohican.com/2024-winter-webinar-series/>

Nurse cont from pg One: RN Elder Care position at Stockbridge-Munsee Health & Wellness Center in July of 2023. Katie is married to Adam Carroll. They live in Gresham with their cat Mitzy and recently lost their 14-year chocolate labrador Bailly. Katie and Adam love spending time with their family and friends, especially their nephews Ma-

son & Spencer. Katie enjoys going to concerts with my Husband and Friends. Loves cheering on the Green Bay Packers, Milwaukee Brewers and the Gresham Gophers Baseball Team. In the summers they enjoy going camping, UTV riding and boating. In the winters they like to Ice Fish in the "backyard" on the Upper Red Lake in Gresham.



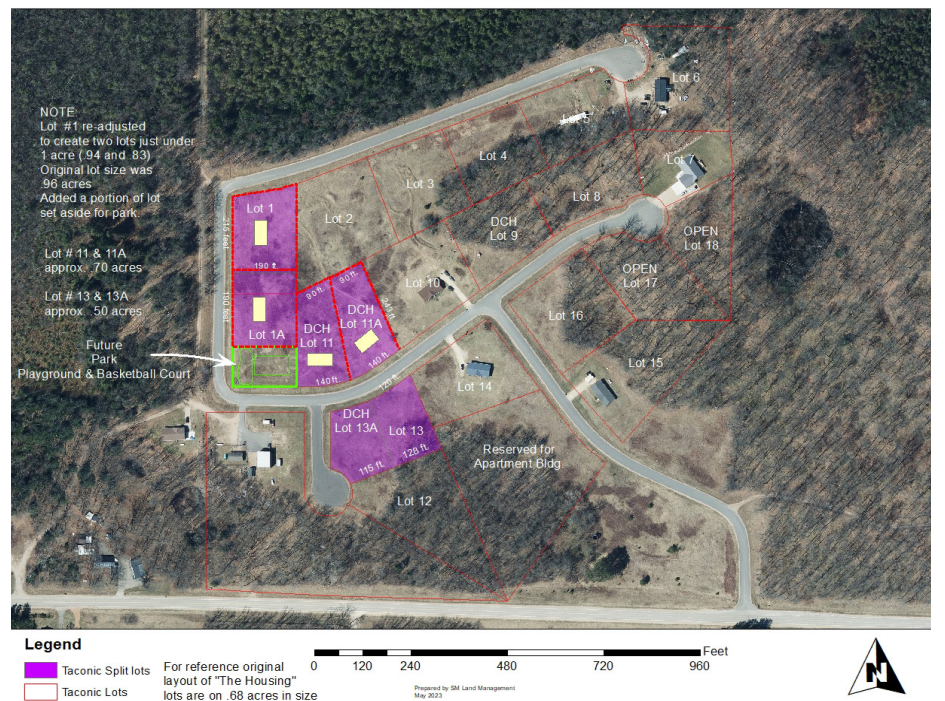
The Stockbridge-Munsee Community is accepting bids from Tribal members on two homes located at W13072 & W13082 Taconic Drive, Bowler, Wisconsin. **2 Additional homes are now available for sale** at N7774 & N7758 Moccasin Lane.

Minimum Bid \$116,000

HOME INFORMATION:

- Approximately 1173 sq. ft. Manufactured home (New with 1yr warranty)
- No basement, mason block crawl space on slab
- 3 bedrooms and 2.5 bath
- .Lot size just under an 1 (.70) acre assignment
- Location: Taconic Cluster development
- Home has LP furnace and electric water heater
- Home purchased through North Country Homes addition specs can be viewed at <http://www.northcountryhomes.com/home/the-trenton/>

Taconic Subdivision



GED TUTORING IS BACK!

Want to get your GED?

The Stockbridge-Munsee Education & Career Services Department is offering individualized tutoring.

How it works

- Call 715-793-4353 to enroll in the GED Program.
- Take GED ready practice test.
- Schedule times to come in for tutoring.
- Reach your Goal of getting your GED.



KONKAPOT
W12635 County Road A
Bowler, WI 54416
715-793-4353
diane.burr@mohican-nsn.gov

This sale will be a cash sale or financed through our loan department with qualified credit. Bidders must be able to close on the sale within 45 days of bid acceptance.

If you are interested in viewing the property or need additional information, contact Land Management at 793-4855 OR 793-4869. All bids must be sealed and marked:

“BID FOR TACONIC HOME AT W13072 or W13082 Taconic Drive, Bowler WI. 54416” or
Bids will be accepted until: **Friday February 16th, 2024 AT 4:30PM**

“BID FOR TACONIC HOME (2) AT N7774 or N7758 Moccasin Lane, Bowler WI. 54416”


Bids for 2 additional homes on Moccasin Ln will be accepted until: **Monday February 29th, 2024 AT 4:30PM**
All bids must be sealed and presented to:

JODY HARTWIG
TRIBAL OFFICES
N8476 MOH HE CON NUCK ROAD
BOWLER, WI 54416

VA Resource Navigator




Scan QR codes, visit popular links to trusted VA websites, or call the MyVA411 hotline at (800) 698-2411 to learn more about each resource.



VA.gov is the gateway to access and manage your VA benefits and health care. <https://www.va.gov>



The **VA Welcome Kit** provides an overview of benefits and services. <https://www.va.gov/welcome-kit/>



With the official **VA: Health & Benefits** app, you can manage your VA health care, benefits, and payments from your mobile phone or tablet. <https://mobile.va.gov/app/va-health-and-benefits>




My HealtheVet is a free online tool to manage your health care. Refill and track prescriptions, access your medical records, and communicate with your health care team. <https://www.myhealth.va.gov>

How to scan a QR code with your smartphone camera

- 1 Open your smartphone's camera app or QR code scanning app.
- 2 Hold your device so that the single QR code appears on your smartphone's screen.
- 3 Once the QR code is centered on your smartphone's screen, your device will recognize the QR code and show a notification.
- 4 Tap the notification to open the link associated with the QR code.
- 5 Still having trouble? See additional tips on page four.


Veterans Crisis Line



Contact the **Veterans Crisis Line**. Available 24/7 via phone, text, and online chat.

Receive crisis support
The Veterans Crisis Line provides confidential crisis support for Veterans and their loved ones. You don't have to be enrolled in VA benefits or health care to connect.
Crisis Hotline Dial 988 (then press 1)
Text Hotline Text at 838255
<https://www.veteranscrisisline.net/get-help-now/chat/>

Health Care




Apply for VA health care, find out how to access services, and manage your health and benefits online.

Find urgent and emergency care
If you are having a medical emergency, dial 911. Have a plan. Know where to go for urgent and emergent care.
If you are at a non-VA emergency department, call VA within 72 hours of admittance. (844) 724-7842
<https://www.va.gov/initiatives/emergency-room-911-or-urgent-care/>

VA Resource Navigator (Last Updated: 8/3/2023)

Housing Assistance




Find out if you're eligible for a VA-backed home loan. If you have a service-connected disability, see if you qualify for a housing grant to help you live more independently.

Apply for housing assistance
Learn more about home loans and other benefits that can help you improve, build, or keep your current home.
Regional Loan Center (877) 827-3702
<https://www.va.gov/housing-assistance/>

Receive help for homelessness and housing instability
Get connected with housing solutions and community services.
Call Center (877) 424-3838
<https://www.va.gov/homeless/>


Careers and Employment



Apply for **vocational rehabilitation services, get support for your Veteran-owned small business, and access other career resources.**

Prepare for careers and employment
Receive support for education, training, and credentialing needed for employment.
VA Benefits Line (800) 698-2411
<https://www.va.gov/careers-employment>

Pension



Apply for monthly payments for **wartime Veterans and survivors with limited or no income who meet certain age and disability requirements.**

Apply for supplemental income
Learn how pensions provide supplemental income for some wartime Veterans and their survivors.
VA Benefits Line (800) 827-1000
<https://www.va.gov/pension/>

VA Resource Navigator (Last Updated: 8/3/2023)

"This project [is being] [was] supported, in whole or in part, by federal award number [SLFRP0135FAIN] awarded to [the Wisconsin Department of Veterans Affairs via the Wisconsin Department of Administration] by the U.S. Department of the Treasury."

Health Care (continued)

Apply for VA health care
Apply for health care benefits for Veterans and transitioning service members.
Health Care Hotline (877) 222-8387
<https://www.va.gov/health-care/how-to-apply/>

Learn about your VA primary care team
VA takes a team approach to health care with you at the center. Research shows this kind of approach leads to better quality care, more satisfied patients, and fewer hospital visits.
Health Care Hotline (877) 222-8387
<https://www.va.gov/health-care/about-va-health-benefits/your-care-team/>

Manage your appointments
Schedule, cancel, and manage health appointments online.
VA Appointment Scheduling (877) 470-5947 (TTY: 711)
<https://www.va.gov/health-care/schedule-view-va-appointments/>

Explore community care
Access other providers when VA cannot provide the care needed.
Community Care National Contact Center (877) 881-7618
<https://www.va.gov/communitycare/>


Pay copays and use multiple insurances
Check your balance for medical services and prescription copays, request help, or dispute charges.
Pay by Phone (888) 827-4817 (TTY: 711)
<https://www.va.gov/health-care/pay-copay-bill/>

Apply for travel pay
Request reimbursement for travel expenses to and from approved health care appointments.
Travel Pay Call Center (855) 574-7292 (TTY: 711)
<https://www.va.gov/health-care/get-reimbursed-for-travel-pay/>

Explore long-term care
Learn about assisted living, residential, and home health care.
Long-Term Care Hotline (877) 222-8387
<https://www.va.gov/health-care/about-va-health-benefits/long-term-care/>

Learn about qualifying for VA dental care
Find out if you qualify for dental care benefits.
VA FAQ Line (800) 698-2411 (TTY: 711)
<https://www.va.gov/health-care/about-va-health-benefits/dental-care/>

Disability




File a claim for **disability compensation for conditions related to your military service and manage your benefits over time.**

Learn about the PACT Act
Learn how the PACT Act expands VA health care and benefits for Veterans exposed to burn pits, Agent Orange, and toxic substances.
VA FAQ Line (800) 698-2411 (TTY: 711)
<https://www.va.gov/resources/the-pact-act-and-your-va-benefits/>

Apply for an initial disability rating or increase
Learn how to file a claim for a disability related to military service.
VA Benefits Line (800) 827-1000
<https://www.va.gov/disability/how-to-file-claim/>

Find local Veteran Service Organizations (VSO)
Get help from an accredited representative.
VA Benefits Line (800) 827-1000
<https://www.va.gov/disability/get-help-filing-claim/>

Education and Training



Apply for and manage your **GI Bill and other education benefits to help pay for college and training programs.**

Continue education with the GI Bill
Explore how VA can help pay for education.
Education Contact Center
From the U.S.: (888) 442-4551
From overseas: 001-918-781-5678
<https://www.va.gov/education/about-gi-bill-benefits>

1 of 4

VA Resource Navigator (Last Updated: 8/3/2023)

Family Member Benefits



Learn about the benefits you may qualify for as a spouse, dependent, or survivor. Find out what else you may be eligible for as a family member caring for a Veteran with disabilities.

Caregiver support program
The VA Caregiver Support Program offers services to caregivers of eligible and covered Veterans enrolled in VA Health Care.
(855) 260-3274
<https://www.va.gov/family-member-benefits/>

Find and use counseling services
Access counseling, outreach, and referral services for eligible active duty service members, Veterans, and their families.
Vet Center Line (877) 927-8387
<https://www.vetcenter.va.gov>

Connect with social workers
VA social workers assist with resource navigation, crisis intervention, advocacy, case management, benefit assistance, mental health related interventions, treatment for substance use dependence, and support for those facing housing instability and homelessness.
Health Care Line (877) 222-8387 (press 0)
<https://www.socialwork.va.gov>

Fisher House™ Program
Located within walking distance of the treatment facility, a VA Fisher House™ provides temporary accommodations at no cost for Veterans, service members, their families, and caregivers while receiving treatment at major military and VA medical facilities.
<https://www.socialwork.va.gov/fisher.asp>
VA Fisher House™ Phone Numbers available at https://www.socialwork.va.gov/Fisher_House_Locations.asp

BRAVE

HEALING TRAUMATIC BRAIN INJURIES IN VETERANS AND FIRST RESPONDERS

Military veterans and first responders are tasked with going into situations that can not only be extremely dangerous but can commonly result in brain injury, trauma, and great distress.

The BRAVE program is here to help.

Symptoms of Traumatic Brain Injury


Here are some of the symptoms of mild to moderate traumatic brain injury (TBI). It's important to note that symptoms can have wide-ranging physical and psychological effects, and some people don't experience them until days or weeks after an injury.

• Aggression	• Difficulty sleeping	• Impulsivity
• Anxiety	• Dizziness or loss of balance	• Irritability
• Blurred vision	• Easily distracted	• Memory problems
• Changes in sense of taste/smell	• Fatigue	• Mood changes/swings
• Depression	• Headache	• Nausea
		• Ringing in ears

<p>WHAT TO EXPECT</p> <p>Your journey to healing starts with a pre-screen and online evaluation. If approved for the program, you'll receive a three-day assessment at our clinic near Milwaukee, Wis. You'll meet with a core team of specialists who will develop a customized care plan that will address your specific TBI. There may be opportunities to attend our intensive outpatient program or outpatient classes following the evaluation.</p>	<p>NO BARRIERS</p> <p>The BRAVE program accepts veterans and first responders with TBI, regardless of:</p> <ul style="list-style-type: none"> • Discharge status • Financial situation or health insurance coverage • With or without a formal diagnosis • When or how your injury happened 	<p>ABOUT BRAVE</p> <p>BRAVE is the Midwest's first program designed specifically for treating mild Traumatic Brain Injury (mTBI) in military veterans and first responders. Our program is a collaboration of Avalon Action Alliance, national organization focused on the cognitive health and mental wellness of veterans and first responders, and the Wisconsin Institute of Neuroscience (WINS).</p>
--	--	--

THE FIRST STEP

To begin your journey, scan this code or call 414-427-5370.

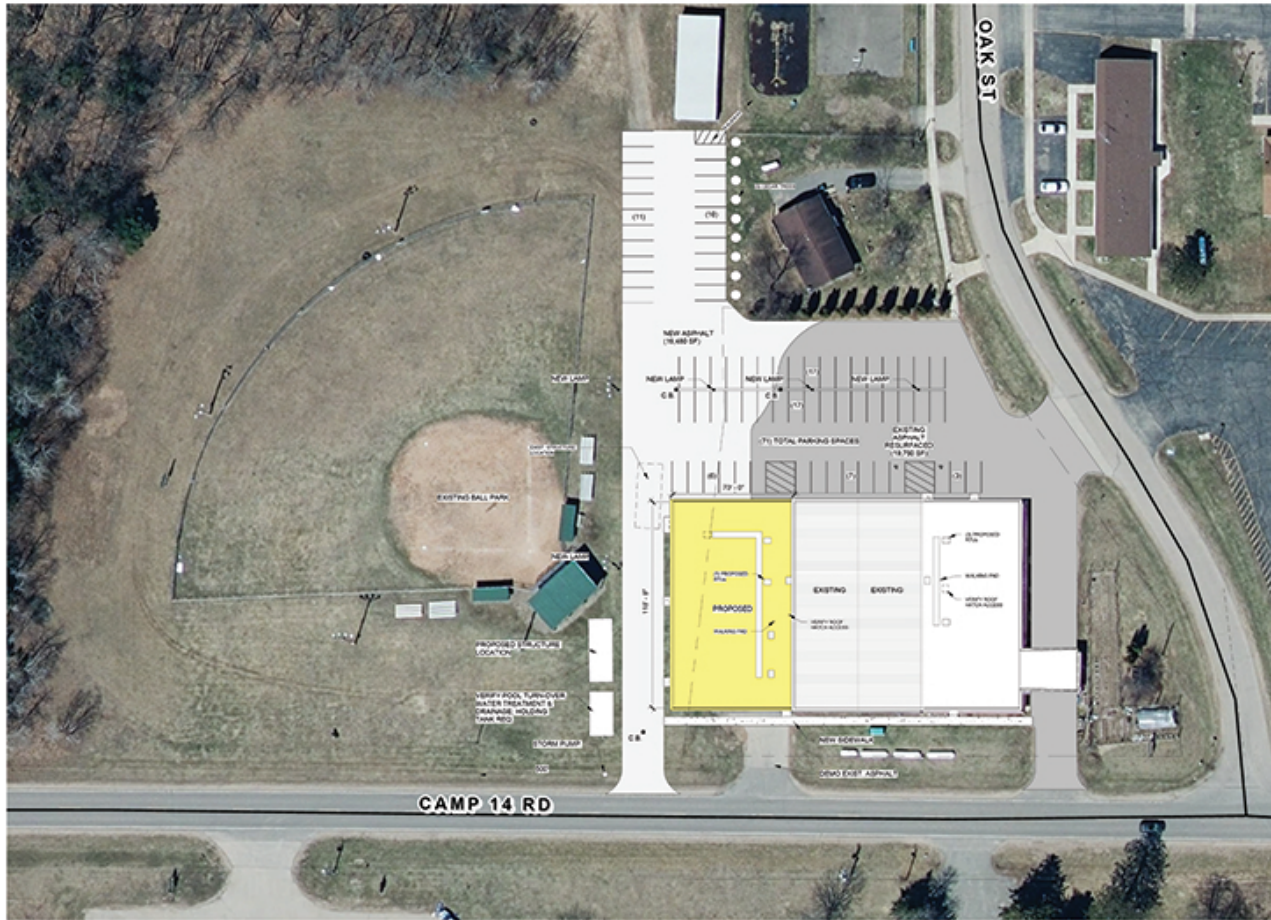


BRAVE Program
Greenfield Highlands Health Center
4455 S. 108th St.
Greenfield, WI 53228

3 of 4

BE STRONG. BE RESILIENT. BE BRAVE.

VA Resource Navigator (Last Updated: 8/3/2023)



PROPOSED BUILDING FOR:
23-5512
BOWLER, WISCONSIN; COUNTY OF: SHAWANO

SCALE VERIFICATION
JOB NUMBER: 23-5512
PROJECT EXECUTIVE: LANCE VANDEN HEUVEL (920) 714-1627
DRAWN BY: ACU, JRG
DATE: 09/29/2023
REVISIONS:

Center cont from pg One: incorporating those intended amenities, building systems, and equipment in the new addition. Once the addition is ready for use, Family Center Management and Staff will transition services and activities into and operate out of the new addition while the contractor remodels and updates the existing Family Center structure.

New amenities and services for the Family Center and the Tribal Community will include:

1. A 20ft x 50ft indoor pool 3ft deep on one side - 5ft deep on the other.
2. New men's and ladies' locker – changing rooms.
3. Two new family friendly dressing rooms.
4. Designed weight resistance training space, cardio-conditioning space, and multi-purpose exercise space for instructional exercise programs.
5. Additional workspace – and a new welcome and registration desk.
6. Improved building security.
7. A redesigned commercial kitchen to accommodate

light breakfast, lunch, and dinner service options for hosted youth and community-based events. 8. Four multi-purpose rooms to accommodate up to 20 attendees per room with the ability to expand into one large room with the use of divisible walls for current and future Family Center Services and community-based needs. 9. Improved and expanded storage capacity.

The initial discussion and planning phase for an improved family center reaches back to 2015 as part of a strategic planning process and the absence of a pool defined by community youth as a need to help increase a healthy lifestyle in the community (see diagram on page 1). The needs of the community were also sought out in a survey sent out by Tribal Council in 2021 as part of the Getting Back to Normal Project. The outcome of this survey where 231 community members responded were pretty clear on some of the major needs, cellphone service and internet, community housing, and

improvements to our community youth program. All of these major needs as brought up in this survey are currently in the works. The new fiber internet is here, and cell phone towers are being built. The new Ella Besaw Center is getting closer to its opening day, and the tribe just put four homes in the Taconic subdivision. The last item on that list, in the works is a new Mohican Family Center plan focused on the community youth and the needs they brought forth like: new fitness area, learning areas and a swimming pool.

Fast forward to August 2023 when the construction contract was signed for the family center project, the initial focus of the expansion project is and remains the improved and expanded fitness, health, and the wellness of the community across all age groups. Additionally, the Tribal Council continues to work with Core Planning, Family Services, Health and Wellness Center, the Management and Staff of the Mohican Family Center to communicate

new and increase expectations relating to customer service, to build inclusiveness, a welcoming and safe atmosphere, increase health and well-being services, and to serve all who come to the Mohican Family Center. Also creating and implementing revised goals, objectives, and a new mission statement for the Mohican Family Center to help exceed community expectations and guide family center operations going forward.

The Tribal Council looks to provide the community with regular updates and highlight new amenities and services in coming months as the project progresses as well providing a online "construction cam" feature so that the community can observe the progress of the expansion project online, as well as in-person.

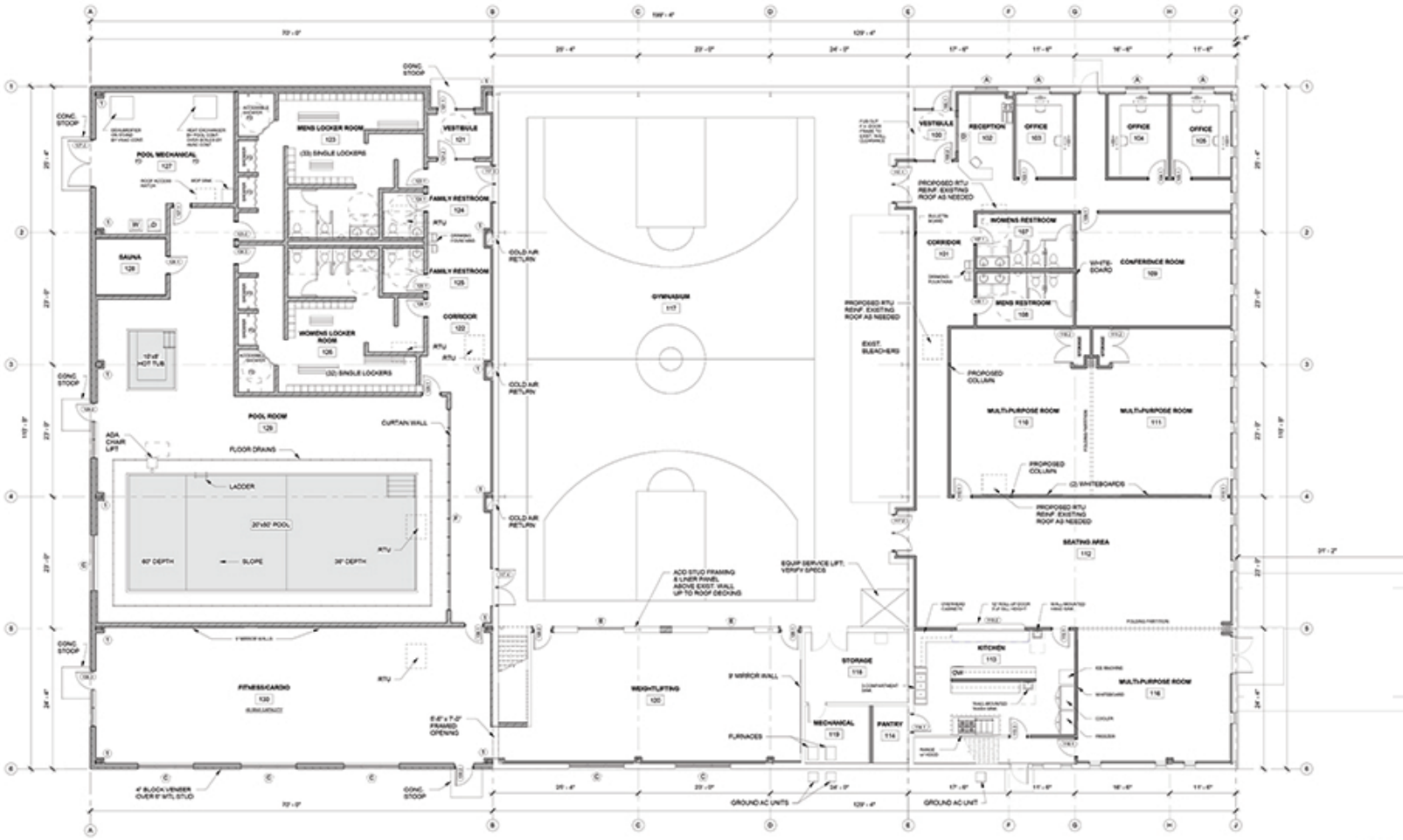
Bayland Builders Inc. located in Green Bay, WI is the Tribe's design and construction partner for the Mohican Family Center Expansion. **(More diagrams are on page Seven of this issue).**



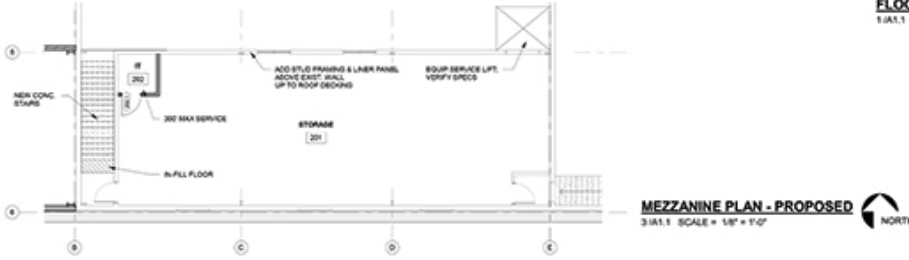
PROPOSED BUILDING FOR:
23-5512
BOWLER, WISCONSIN; COUNTY OF: SHAWANO

SCALE VERIFICATION

JOB NUMBER: 23-5512
PROJECT: LANCE VANDEN HEUVEL
EXECUTIVE: HELVEE (920)371-8167
DRAWN BY: ADU, JRG
DATE: 09-25-2023
REVISIONS:



PLAN NOTE
1 ALL COLUMNS TO BE STRAIGHT (NO TAPER)



ISSUED FOR:	CHECKED BY:	DATE:
<input type="checkbox"/> PRELIMINARY		
<input type="checkbox"/> BID SET		
<input checked="" type="checkbox"/> DESIGN REVIEW		
<input type="checkbox"/> CHECKSET		
<input type="checkbox"/> CONSTRUCTION		

FLOOR PLAN - PROPOSED
A1.1



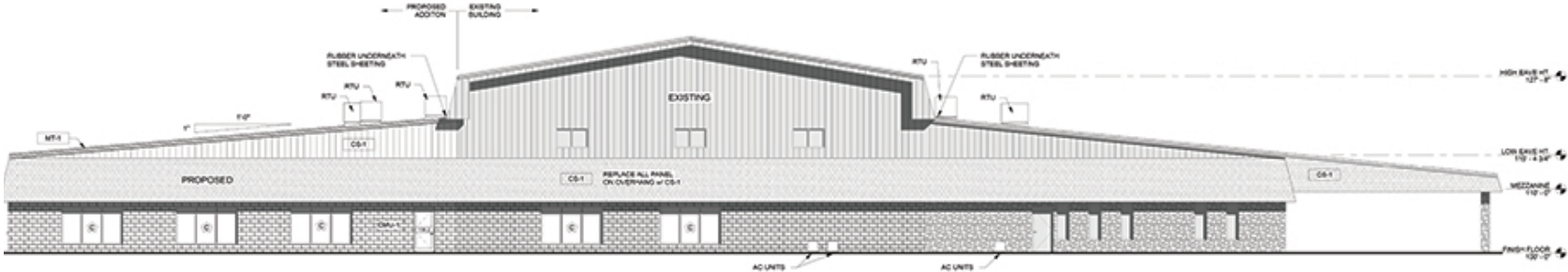
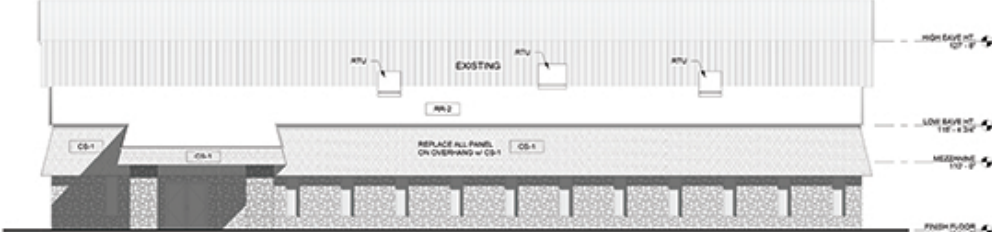
PROPOSED BUILDING FOR:
23-5512
BOWLER, WISCONSIN; COUNTY OF: SHAWANO

SCALE VERIFICATION

JOB NUMBER: 23-5512
PROJECT: LANCE VANDEN HEUVEL
EXECUTIVE: HELVEE (920)371-8167
DRAWN BY: ADU, JRG
DATE: 09-25-2023
REVISIONS:

EXTERIOR FINISH LEGEND

MARK	DESCRIPTION
OW-1	LOCATION: WINDOW SONS MATERIAL: F/OSU SUPPLIER: VERIFY COLOR: MATCH EXISTING COMMENTS:
CS-1	LOCATION: CEDAR SHAKES SONS MATERIAL: MATCH EXISTING SUPPLIER: VERIFY COLOR: VERIFY COMMENTS:
WT-1	LOCATION: FASCIA TRIMS & SOFFITS MATERIAL: VERIFY SUPPLIER: VERIFY COLOR: VERIFY COMMENTS:
WB-1	LOCATION: WALL PANEL MATERIAL: RUBBER ROOF EXISTING SUPPLIER: VERIFY COLOR: MATCH EXISTING COMMENTS:
RR-1	LOCATION: RUBBER ROOF OVER ADDITION MATERIAL: RUBBER ROOF OVER B-OSCU SUPPLIER: VERIFY COLOR: MATCH EXISTING COMMENTS:
RR-2	LOCATION: RUBBER ROOF OVER EXISTING MATERIAL: RUBBER ROOF OVER INSULATION SUPPLIER: VERIFY COLOR: MATCH EXISTING COMMENTS:



ISSUED FOR:	CHECKED BY:	DATE:
<input type="checkbox"/> PRELIMINARY		
<input type="checkbox"/> BID SET		
<input checked="" type="checkbox"/> DESIGN REVIEW		
<input type="checkbox"/> CHECKSET		
<input type="checkbox"/> CONSTRUCTION		

ELEVATION - EXTERIOR
A2.1

Storm Documentary Viewing



DOES YOUR MEMORY SEEM LIKE IT NEEDS A TUNE-UP?

Schedule a free memory screening.

Briana Terrio TDCS
715-793-3035




CAREGIVER SUPPORT GROUP MEETING

Location: Konkapot Lodge

Date: 02/16/2024

Time: 5:00pm-6:00pm

Our Dementia library section will provide DVDs and books on dementia.
For more information please contact Briana Terrio at 715-793-3035

Start Your Health Care Career




- **FREE TRAINING**
- **CERTIFICATION**
- **OPPORTUNITY**

WisCaregiver Careers
Certified Direct Care Professional



**GET
STARTED
TODAY!**

WisCaregiverCDCP.com



10 WEEKS **\$16/HOUR**

WTCAC Summer Internship Program Announcement

Internships for 2024 Include Potential Opportunities to Work With:

- Tribes in WI
- US Forest Service
- Natural Resources Conservation Service
- Animal and Plant Health Inspection Service, Wildlife Services
- National Agricultural Statistical Service
- Ottawa National Forest Visitor Center

Minimum Qualifications:

- Must be 18 years or older
- Must be enrolled full-time in a college or university located in Wisconsin
- Must be an enrolled member of a federally recognized Tribe in Wisconsin
- Must have a cumulative GPS of 2.5 or higher

To apply, go to www.wtcac.org to access the online application form!

Save the date

BUILDING HEALTHY SOILS FOR HEALTHY COMMUNITIES - PART I

FEBRUARY 27 & 28, 2024
KESHENA, WI

Join us for a free, interactive workshop on soil health principles for sustainable food production. This workshop is the first in a three-part series for tribal staff and communities on soil health promoting food production practices.







REGISTER at <http://tinyurl.com/3f45nwja>

Stockbridge-Munsee Konkapot Lodge

W13625 County Hwy A, Bowler, WI 54416

February 17 & 18 2024 ONLY

New This Year

FILE YOUR TAXES YOURSELF FOR FREE

If you have a simple tax return and need little to no help or do not have access to a computer, you can visit us at Konkapot Lodge for guidance to file yourself for free.

Please call Rolanda @ 715-793-4860 for more information on filing yourself.

Facilitated Self Assistance (FSA) Site open starting February 5, 2024 to April 15, 2024

Monday through Friday 9:00 AM to 3:00 PM (closed on Holidays)




IRS Certified Volunteers Providing **FREE TAX PREPARATION**

Stockbridge-Munsee Community Winter Webinar Series

Tribal Archaeology in Stockbridge, MA: Reporting Back on Fieldwork, **Wednesday Feb. 14 2 PM CST/3 PM EST**

As part of the Underrepresented Communities Grant, the Stockbridge-Munsee Tribal Historic Preservation Office was able to conduct a series of excavations to investigate the locations of the 1700s Meetinghouse site and the Revolutionary War Ox Roast. Join Dr. Ann Morton to learn more about what those excavations revealed, and Hikaru Hayakawa as he discusses the national register process. Go to <https://rb.gy/uc7qrc> or scan the QR code to the right to register for this event. Registration is free and required. The session will be recorded to be posted later on mohican.com.




Lifestyle Matters: Guide to a Healthy Weight

“Weight loss is not always a linear process. Setbacks are normal. Just take them in stride and get back on with your weight loss journey when you can.”

WAUSAU, Wis. – More than 40 percent of Americans grapple with obesity, putting them at a higher risk for serious health issues such as heart disease, stroke, type 2 diabetes, and certain types of cancer, as highlighted by the Centers for Disease Control and Prevention (CDC).

Make informed food choices: Dr. Oestreich encourages patients to consider using a food tracking app. This simple practice allows people to have a better understanding of the calorie count of their meals. “That way they can make more educated choices on what types of foods they’re eating. Diet is really important,” says Dr. Oestreich. “Then once you add physical activity, you’ll need to tailor your diet to make sure you’re able to maintain your activity level.”

Move your body: Dispelling common misconceptions is important. A straightforward approaches like a 30-minute daily walk or a basic home exercise program helps.

Be consistent: At least 30 minutes of moderate-intensity exercise five days a week, totaling 150 minutes weekly.

Prioritize sleep: Sleep, often overlooked, plays a crucial role in metabolism and weight management. Getting at least seven to eight hours of sleep each night.

Go easy on yourself: Family history can influence the ease or difficulty of weight loss. However, patients that health care professionals are available to address questions about medications, lifestyle changes, and other factors affecting weight.

Talk to your primary care clinician for personalized guidance tailored to your unique health needs. They can offer insights, answer questions, and support you on your journey to achieving and maintaining a healthy weight.

Attention

From the PRC Department:

If you are referred out from SMHWC PRC department and receive a bill for services covered by the referral, please submit ALL Bills received to the PRC department for payment as soon as possible to avoid any delays in payment.

If you have any questions regarding this matter, please contact:

Kasha Coyhis, PRC Manager 715-793-5011
CJ Komanekin, PRC Assistant 715-793-3015
Ronni James PRC Assistant 715-793-5010

PURCHASED/REFERRED CARE REMINDER

If you receive emergency room care, you must call the ER notification line at **1-877-898-4154** within 72 hours or 30 days for elders or disabled with the following information:

1. Patient name
2. Name of hospital
3. Date of service
4. Reason for visit
5. Ambulance, if applicable
6. Additional information

Thank You, PRC Staff

Purchased/Referred Care

Please acknowledge that receiving a referral from a provider at the Stockbridge-Munsee Health & Wellness Center does not conclude that it will be paid for by Purchased/Referred Care. You are required to call or see PRC staff to make sure you are eligible for PRC. Per PRC Policy #202PRC0002.

PRC Staff:

Kasha Coyhis PRC Manager 715-793-5011
Ronni James PRC Assistant 715-793-5010
CJ Komanekin PRC Assistant 715-793-3015

Purchased Referred/Care

If you are referred from SMHWC to an outside provider and your appointment changes, please inform Referrals or PRC about the change. Failure to do so may result in denied claims.

Thank You,

PRC Staff

REFERRALS

Joan Olson- Referral Case Manager 715-793-4102

Sarah Miller-Referral Specialist 715-793-5077

PURCHASED REFERRED/CARE (PRC)

Kasha Coyhis- PRC Manager 715-793-5011

Ronni James- PRC Assistant 715-793-5010

CJ Komanekin- PRC Assistant 715-793-3015



Are You Heart Smart?

What to know for a healthier heart

Heart disease is the leading cause of death in the United States. One in five deaths is due to heart disease, even though the disease is largely preventable.¹

Keeping your heart healthy starts with living a heart-healthy lifestyle. But first, you need to get smart about your heart. Knowing what causes heart disease, what puts you at risk for it, and how you can reduce those risks can help you make informed decisions to protect your heart and keep it strong.

Want to test your knowledge? Take this short **Heart Smart Quiz**:

Heart Smart Quiz

1. **True or False?** High blood pressure is also known as hypertension and occurs when your blood pressure is consistently 130/80 mm Hg or higher.
2. **True or False?** Your body mass index, or BMI, shows if your weight is in a healthy range for your height and is one measure of your future risk for heart disease.
3. **True or False?** Cholesterol helps make hormones, vitamin D, and substances to help you digest foods. Your body needs it for good health, but in the right amounts.
4. **True or False?** Eating lots of vegetables, fruits, and whole grains, using fat-free or low-fat dairy products, and limiting foods high in saturated fat or sugar-sweetened beverages are all part of a heart-healthy diet.
5. **True or False?** Not getting enough sleep or getting poor quality sleep on a regular basis increases the risk of having high blood pressure, heart disease, and other medical conditions.
6. **True or False?** To strengthen their heart, adults should aim to get at least 150 minutes of moderate-intensity aerobic activity such as brisk walking each week.

Answer Key: All answers are True.

How did you do? Knowing your own risk factors for heart disease can help guide your lifestyle choices, so talk to your healthcare provider to make sure you're clear. Just as important: know your numbers. Your weight, waist size, blood pressure, cholesterol, and blood sugar levels all affect your heart. If they aren't where they should be, make a pledge to begin improving them. Adding more physical activity to your day, eating a heart-healthy diet, managing stress, getting enough quality sleep, and not smoking can put you on the path to better heart health.

Learn more about heart disease prevention from *The Heart Truth*® at www.hearttruth.gov and download the [Heart Smart Basics fact sheet](#) to improve your knowledge about heart health.

Storm cont from pg One:

There are still six units to be completed of the original 24; one between Mick's and Anderson Road, along Moh He Con Nuck Road, north of National Guard Road, around the Housing, South of Raasch's Field, and along Camp One Road. The quick response to what had happened and the support from Tribal Council was a main factor in our Forestry department being able to get ahead of the ball and start the salvage work. Tribal Forester Paul Koll said, "After the storm the Forestry Department is foreseeing somewhat of a shift in focus. Regeneration, reforestation, new inventories, and timber stand improvement projects will surely be the focus for the next few decades as the forest rebuilds. Monitoring the density and composition of natural regeneration will begin in 2024 and probably dominate the next 5-10 years of the Department's time". Koll continued by saying, "As the data rolls in, the department will have a better understanding of what additional resources will be needed to coax these new stands into a trajectory that can fulfill the Tribe's goals and needs. Once the department has a good handle on the regeneration, focus will migrate to timber stand improvement projects to further massage the stands into the desired conditions. Being able to manage these new stands from inception will provide the opportunity to direct the desired future condition and reach a similar functional and aesthetical forest in less time. Timber management will still be a priority to maintain a healthy forest. We are still working with the BIA, calculating the new annual allowable cut acres but expect it to drop from the current 642 acres

to maybe 350 - 400 acres annually". Chad Miller, Land Manager, explained more about the behind the scenes. "We brought in a team to do an analysis of our Continuous Forest Inventory or CFI. The CFI helps the Tribe determine cutting schedules and assists with long term management. Once those numbers are calculated we'll have a better idea what the future will look like in terms of forest management. At this point natural regeneration seems the most likely and cost beneficial way to restore the forest, that doesn't mean there might not be opportunities for supplemental plantings to happen in certain areas, where we may want to target and promote certain species. We believe, on the whole, allowing mother nature to do her thing will see the most benefit. We are looking into grant opportunities to bring in trees in rural areas devastated by the storm, specifically near housing. Although nothing is official, yet those explorations are ongoing". When questioned with the future of the damaged areas near existing residential areas Miller explained, "Most of the areas severely impacted by the storm are primarily in remote regions of the reservation and would still require a large amount of infrastructure dollars to develop. The areas impacted close to existing infrastructure such as electric and roads are already under the residential designation. Most, if not all, of those areas are already assigned to members and could be developed if they so choose. Some of the areas that were hit by the storm are not Tribal trust and would have a moratorium on development until such a time as they go into trust.

In general I think when we look at an area that was once full of trees and is now devoid of them it's easy to understand why some may think this is a great place for development although the reality is there are many factors and specifics that go into the planning and implementation of a tribal development, so it's more complicated than just looking at it as an empty space".

Some of the departments that jumped into action immediately when the storm first hit were the Roads Department, Fire and Police Departments, as well as our Emergency Responders. These

people were boots on the ground working to clear roadways making sure those community members who were ill were checked on to see if any medical attention was needed. Other departments whose work might have been overlooked was the Community services, the employees sprung into action giving the community a safe shelter place with electricity, hot water and air conditioning at the Mohican Family Center. They also helped preserve community members' food by utilizing the fridges and freezers over at Food Distribution.

When asked about the turnout of the viewing the President responded, "We were very pleased by the Community turnout and not surprised by the interest given its historical context". Chad Miller stated, "We were happy with the turnout, we wish we could have reached more people but all things considered the response we received was overwhelmingly positive".

The question was asked about future viewings of the documentary, or when/where will the community be able to see it again?

Miller responded "We initially hope to do some showings at the Ella Besaw center and the Eunice Stick Gathering Center. There is a possibility with Council direction to do a broader showing at the local level (beyond Tribal) but that has yet to be determined". President Holsey stated, "We are working with our internal team to provide our members the ability to access, it will also be available at Arvid E Miller Library Museum for future public viewing".

When asked about general quotes or comments from the viewing/experience Chad answered "I just think it's an important story to tell that will have long lasting impacts to this community for years to come. It was a historically significant moment and should be treated as such, the documentary is a perfect way of doing that". Koll responded, "*I think it will be a nice film for the archives and help the community remember or learn about this historic event*". Joe Miller stated "The documentary showed what this Community does when disaster strikes, how we stick together and help each other when needed. After the video presentation, nothing but positive comments!!".

Thank you to all emergency personnel, volunteers, road crews, power and sanitation staff for taking time away from your families to take care of others. Your hard work does not go unnoticed.

The documentary was produced and directed by Rod Kolash with contributors: Roberta Carrington, Mary Creapeau, Bert Davids, Brent Micheal Davids, Steven Duffek, Judy Gosz, Shannon Holsey, Andrew Johnson, Paul Koll, Craig Kroening, Kevin Kurkzweil,
Storm cont on page 13:



Storm cont from page 12: Dennis Magee, Chad Miller, Joe Miller, Willy Miller, Brent Stempa, William Terrio, Molly Welch, and Maggie Bennett.

Special Thank You to: Astrape Damage Mapping by Silvacart; Bay Mills Fire Crew; Bureau of Indian Affairs Field Team; Central Wisconsin Electric Cooperative; Natural Resource Conservation Service; SMC Forestry & Land Management Department; SMC Tribal Council; United States Forestry Service; Wisconsin Department of Natural Resources; Mohican News Online; Doodlebug Music Studio- Brent Micheal Davids and Joe Meyers.

President Holsey wanted to leave this message to the community, "Conservation is not just about safeguarding land. It's about prioritizing people, especially those who hold the traditional knowledge on how to combat our climate and biodiversity crisis and recognizing that we can chart a path forward.

Native American communities have sustainably managed their lands for thousands of years, cultivating, adapting, and transferring traditional ecological knowledge over many generations. We believe this expansive reservoir of knowledge and deep connection to land keeps our community strong and encourages the land to be more productive and protected.

Such relationships also benefit the natural world that we depend on, and the importance of being in harmony and true connection with places. In June of 2022, our Community experienced a historical weather event that significantly changed the landscape of our community, we also found that environmental impacts were less severe or avoided in areas held or managed by our Community because of the longstanding environmental practices and stewardship in place.

The goal of the tribe is to continue to support native ecological stewardship and improve native control of our ancestral lands and resources to ensure the sustainable, economic, spiritual, and cultural well-being of our community remains intact. A tree symbolizes permanence, longevity and its firm base symbolize the concept of 'roots and an ongoing relationship with natural surroundings.

Such positive characteristics and attributes of trees lend themselves to being revered. As we know, trees today are no less sacred than they were centuries ago. We must continue to nurture; steward protect and appreciate the gift creator has bestowed with the gift of the tree, as indicated in the film our forest will return and it will be available for the next generations of our people to steward, protect and enjoy".

Xwahteewi Koon Niipaahum

GHQVIFVYSZPYIQHPXKBXKPULEUJJXQ
QAOCKRNCQUPKEEZPTCCYAWQQYRYTHA
MTCNXONJJGEIBWZWNQAEORQMYBLTYZ
SYZAUUULUNAEOEIYYVHNYXJORYTWOS
QJNGPIFKHLWADJZGPQWJAOQGM DY NLM
SDYCVCS SJYNGXNYPVOAPWJUQADZSNJ
LHRDEF LHPJBM PGRMHOAZKCOBIZSQAX
AATQLWELTJCOBVTUMHLKESYOKEOFKW
XRXVEHRTCHBOTFQIXAHJICQIYHIYTP
UCVHJWUIMXNNYPULNTARIPWCCBZZAK
THRYGBILVPAUOOHTETONXWKHVAIKM
ANTERQMIADWHGLCHYOIEELXBBKRBAF
VVSVEFPRPUZKUDDCINHSMFZSHHHDNM
TNUPRMTWOUXEEUKRAETUJVDFIVCRTX
QZOZJTHTBBOEVQDLKQIFVLRFH CNZAB
PNZBBFJEFJUWXCUKPKIHIE XZAIHIG
QCRZUTMEWGHGDKQGBJTWOKBHMSRSAM
AIRRSGHHEPQSBVCSHWKMFDBKFFTZHA
HFJJ EZMAZ FQCJHIOQFICPDGFQXXLKE
HAXDCCVHVRFKMBWZYYITNOOEZRGRAR
FXBNQYXKIQLPDYZVGSVGDVSHFBEME
DJQTMPEAXAVHXJIIQUHFOQJFCFMTEV
UQRCWAXMSJUJRWQQALKAQTVFLGLGEL
ERELLWCEWJMTIFKCEAWKIWAMKVOPWH
THPWF MZEEWDKWVPQMCINHTYYVTKHUB
ZSNVLPNWUVIZLBRDBAHBOQYQTSVUQD
NCQEJMBBGXDOUGVZRMKXPSARSXEGWO
NVWKAVNNCRSKUDSSJUMSXPBJAEADGM
NFHQGLBGJJVDQCENRURTDNTEHYBXL
MHD ERBKDJKWAACHUNDFXAUBBCHMQSU

Ahwaalhatihiti Kiishkwihk – Lovers' Day
Na ktakan tahahkameew - Another cold day
Kwaachund! For Goodness Sake!
Moonahkeew - Groundhog
Nteh - My Heart
Wteehahkameew - Heart Day

SACHEM DAY

STOCKBRIDGE-MUNSEE BAND OF MOHICANS

Mammanochqua

An Esopus woman who rose to the station of sachem first appears within colonial records in 1666. The Esopus (Siipooshish/small river/creek) are Munsee-Speaking Lenape ancestors that joined with our Mohican ancestors. Mammanochqua presided over territory in what is now known as Ulster & Dutchess County, NY, including the notable Mahican village of Shekomeko. She endeavored to preserve the peace & Esopus lands during the 1670's - 1680s.

When asked if the Esopus Munsee would join in what would become King Philip's War she replied that her people, "are inclined to preserve peace and desire it as much as anybody desires the light of early morning which is pleasant to everybody."

She was witness to the New Paltz Patent signing on April 27, 1677. In order to avoid war, she added lands allotted for the English and Dutch to the original Nicolls Treaty of October 7, 1685. She was the principal signatory on several more land treaties along the Mahhicannituck, including the Mogowaersink treaty of 1682 and the Ragawasink treaty. Her name no longer appears in the record after 1684, and it is believed that she died in the 1863 epidemic at an advanced age. Although we are unable to locate a drawing or etching of Mammanochqua, her signature (pictured to the left) appears on the the Nicolls Treaty. Her daughter Dostou, would later hold the title of Sachem.

STOCKBRIDGE-MUNSEE COMMUNITY CULTURAL AFFAIRS DEPARTMENT

References:
1. Port Chester Historical Society. Timeline of Early Local History. <https://catalog.archives.gov/id/178453859?objectPage=14>
2. The Esopus Munsee Tribe. Historic Huguenot Street. <https://www.huguenotstreet.org/community>
3. Wheeler, Rachel. 2003. Women and Christian Practice in a Mahican Village. Religion and American Culture. Cambridge Univ. Press



Menominee Vocational Rehabilitation Program

**Need help securing employment?
Vocational Rehabilitation might be Right for you!**

To be eligible for VR assistance you need to meet the following requirements:

- Enrolled member of a federally or state recognized Native American tribe
- Have a physical or mental impairment that results in a substantial impediment to employment
- Reside on the Menominee Reservation or within 30 miles
- Require VR services to prepare for, secure, retain, regain or advance in employment



We have successfully placed our consumers for work at the Menominee Casino Resort, Maehnowesekiyah, Food Distribution, Sr. Verna Fowler Library, Headstart, Community Technology Center, Tribal Conservation, Historic Preservation, just to name a few. It's our job to help our consumers find a job.

Stop in and see us at CMN or any of our off-site locations (Stockbridge-Education Department 1st Monday of the month, Shawano; 2nd Monday of the month, Maehnowesekiyah; 3rd Monday of the month, and Neopit- Menominee Tribal Enterprises; 3rd Tuesday of the month).

Call or visit in person or online today to begin your referral application process



Vocational Rehabilitation- GM 111 (800) 567-2344 ext. 3203
N172 Hwy. 47/55 (715) 799-5600 ext. 3203
Keshena, WI 54135 Monday- Friday (8:00 am-4:30pm)

Duffek & Sons Construction, LLC



Home Additions-Siding-Steel Roofing-Garages-
Sheds-Sidewalks-Patios-Bathrooms-Kitchens-
Decks-Porches-Ramps-Fences



Garden Tilling-Grading Gravel and Yards-
Spreading Dirt- Cutting/Planting Trees/
Bushes-Digging Post Holes- Wood Splitter
Rental

Snow Plowing Services

715-216-5624

Native American Veteran Owned Business

First National Bank



Bowler
Bowler - Wisconsin - 54416
(715) 793-5200
Bowler, WI and Tigerton, WI



Safety. Soundness. Strength.
Our basic mission

As your community bank, our basic mission is to provide you with a safe place to keep your money, a good place to have it grow, and a trusted place to borrow it. This has never changed. It never will.

Strength. Safety. Soundness. We will never forget our basic mission. We will never forget our commitment to you!

"Here to Serve All Your Banking Needs"

Each Depositor Insured to at least \$250,000

Open your account today!

FDIC

**Hours: Monday - Friday 9:00 AM - 4:30 PM
Saturday 9:00 AM - 11:30 AM**

Continued Progress in All Minority Communities Van Ert Electric Company, Inc.

Locations in: 7019 W. Stewart Ave., Wausau, WI 54401
(715) 845-4308
2000 Progress Way, Kaukauna, WI 54130
(920) 766-3888
1250 Carter Drive, Kingsford, MI 49802
(906) 776-1122

We fully and actively support equal opportunity for all people, regardless of race, color, religion, sex, national origin, or disability.

Welder Dan's Fabrication & Repair

Welding carbon steel and specialty metals.

Portable Welding

715-551-9285 Antigo, WI



Vele Construction

Lifetime guarantee!

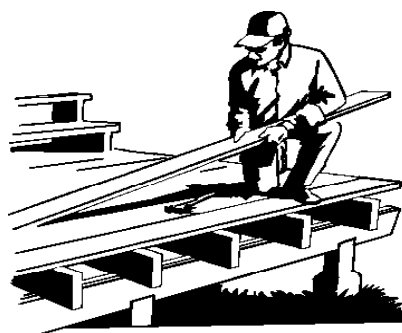
Jeff Vele, Sr.

W13593 Putnam Lane
Bowler, WI 54416

715-793-4648
(Text or leave message)

Decks, doors, windows,
flooring, siding and soffit,
bathroom remodeling,
plumbing repairs.

*Excellent work and reasonable
rates! Fully Insured!*



MOHICAN LP GAS CO.

715-793-4832
Bowler, WI



• Service up to 25 miles
from Bowler

• 24 Hour Emergency Service

715-793-4832

• Residential and Business Accounts

• Wisconsin Energy Assistance Vendor

W13817 County Highway A P.O. Box 70 Bowler, WI 54416

For more information please visit www.mohican.com

We've Got Gas... and more...



Design & Price Yours at UpNorthSheds.com

715-437-0654



Free Delivery – 10 Year Service Warranty – Limited Lifetime Workmanship

Design and Price @ upnorthsheds.com – (715) 437-0654

Stockbridge-Munsee Family Services/Domestic Abuse

ABUSE EFFECTS THE WHOLE COMMUNITY

- Supportive Advocacy
- Emergency Transportation to Shelter
- Restraining Order Assistance
- Abuse Education
- Information and Referral
- Community Education
- Education Planning
- Forecasting

715-793-4863
or 715-881-0488
or 715-793-4780

Statewide Shelter Hot Line
800-236-7660

National Dom. Abuse Hot Line:
800-787-3224/800-799-7233

Need to talk or need support please Call: Client Services Advocate :
N8476 Moh He Con Nuck Rd
P.O. 70
Bowler, WI 54416

Naturally Better Soap



TRIBAL SUN SOAP

Indigenous Soap Made With What Mother Earth Provides



ONLINE STORE

tribalsunsoap.com

Purchase Inside The NorthStar Casino

- Fall Scents
- Almond Spice
 - Autumn's Harvest
 - Caffeinated Caribou
 - Native Spice



TRIBAL SUN SOAP

Indigenous Soap Made With What Mother Earth Provides



ONLINE STORE

tribalsunsoap.com

Purchase Inside The NorthStar Casino



A-CUT-ABOVE SEAMLESS GUTTERS

Servicing Green Bay and the Surrounding Areas

Jody Vetter
715-701-3040

Call Locet for Estimates & Appts.



FREE ESTIMATES
INSURED
~ Locally Owned

January is National Radon Awareness Month

Radon is a colorless, odorless, and tasteless radioactive gas that can harm you and your family

Radon is the #1 cause of lung cancer among non-smokers and #2 cause of lung cancer overall

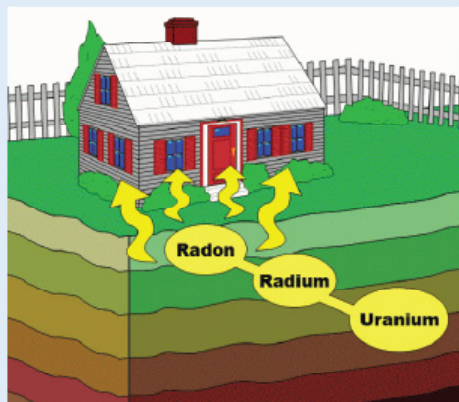
Smokers who live in homes with high radon are 10 times more at risk to have lung cancer than non-smokers who live in homes with high radon

2 out of 3 homes in our area have high radon levels

Radon levels peak in the winter months when windows and doors are closed



Is Your Home Safe?



Radon occurs naturally in the ground and can enter your home through cracks and holes in your foundation, or even through your well water. The amount of radon in the soil depends on soil chemistry and can vary from house to house. In Shawano County, radon varies from low to very high, with some homes on the Reservation having very high levels.

Keep you and your family safe this year by getting your home tested for radon. FREE test kits are available to Tribal members through the Environmental Department. Contact the Environmental Department to have your house tested! If your house tests high for radon, the Environmental Department can provide advice on having a radon mitigation system installed into your home.

SMC Environmental Department
715-793-4363

Bay Bank

is proud to bring the dream of home ownership to Indian Country with the Section 184 Indian Home Loan Program

If you are an enrolled member of a federally recognized tribe or an Alaskan native, you may be eligible for the Section 184 loan program.

We stand for your future.

Contact a lender today! Apply online:
(920) 490-7600 baybankgb.com

Bay Bank 
We stand for your future

Office of Native American Programs
Office of Public & Indian Member
FDIC 
NMLS# 440202

North Star

MOHICAN CASINO • RESORT

FEBRUARY

WINTER CARNIVAL

Get cozy with your share of over
\$390,000
in cash & prizes

THURSDAYS 10AM-7PM
FEBRUARY 29TH EXCLUDED

POLAR PLUNKO

\$150 of cash flurries.

Earn 50 points, swipe at the kiosk to receive your voucher to drop 3 snowflakes in Polar Plunko. Win up to



SAT., FEB. 17
TICKETS: \$35/\$45
21 AND OLDER



MARCH 16
TICKETS: \$40/\$50/\$60
21 AND OLDER



FRI., APRIL 19
TICKETS: \$35/\$45/\$55
21 AND OLDER



Theresa Caputo
Long Island MEDIUM
FRI. & SAT., MAY 3 & 4
TICKETS: \$65/\$75
21 AND OLDER

GAMING | HOTEL | GOLF | DINING | ENTERTAINMENT | EVENTS | CONVENTION CENTER | RETAIL | RV PARK

WHERE THE
STARS ALIGN

Bowler, WI
1.800.952.0195
northstarcasinoresort.com

THE
ORION
EVENT CENTER