

## VRP

The **Veteran Retraining Program (VRP)** was established in 2018 by Dr. Gregory Burek, psychiatrist and former U.S. Marine, and Dr. Erich Roush, psychologist and current U.S. Army. The VRP was developed because culture matters, and military is a culture. This program was made by Veterans for Veterans.

Our mission is to guide veterans to become the best version of themselves by providing treatment within the **Veteran Culture**.

We provide a variety of mental health services designed by Veterans for Veterans. No proof of service or paperwork is required to get started. Whether through therapy, support groups or classes, we provide a safe environment to discuss common issues you're facing.



**SERVING THOSE WHO  
HAVE SERVED**

VETERAN RETRAINING PROGRAM  
ADVOCATE-AURORA HEALTHCARE  
414-773-4312  
<https://aurora.org/VRP>



# Veteran Retraining Program

**by Veterans...  
for Veterans**



**AdvocateAuroraHealth®**

## VETERAN HEALTH

Did you serve in the armed forces? One month, one year, one decade, one lifetime? You are welcome at Advocate Aurora's Veteran Track. These are services designed and delivered by veterans for veterans.

Services include:

- Individual Therapy
- Family & Couples Therapy
- Psychiatric Services
- Veteran Classes
- Veteran Support Groups
- Intensive Outpatient Program (IOP)
- Veteran Community Outreach

These services are tailored to former and current military members. Veterans' benefits or service-connection are not required.

## VETERAN CLASSES

- PTSD Symptom Management
- Relationship Repair
- Emotional Intelligent
- Mindfulness
- Moral Injury & Guilt
- Military Identity
- Women Veterans
- Boundaries
- Veteran DBT
- Healthy Sleep
- Grief & Loss
- Coping with Stress
- Trauma Processing



## VETERAN GROUPS

These groups are open to any Veteran, and are free of charge

**Veteran Recovery** Mon: 1300-1400  
**Complementary Healing** Wed: 1630-1730  
**Veteran Support Group** Thurs: 1730-1830

Virtual: <https://zoom.us/j/92929598413> or  
Telephone: (312) 626-6799  
Meeting ID: 929 2959 8413  
Password: 11101775

**Veteran Yoga** Tues: 1800-1900

The Lighthouse (Dewey Ave & Meyers Way)  
1220 Dewey Avenue, Wauwatosa, WI 53213

**Homefront Group** Mon: 1200-1330

For family and friends of Veterans

Virtual: <https://zoom.us/j/97327086587> or  
Telephone: (312) 626-6799  
Meeting ID: 973 2708 6587  
Password: 2022

