

MOHICAN NEWS

The people of the waters that are never still

Vol. XXX No. 1

N8480 Moh He Con Nuck Road • Bowler, WI 54416

January 1, 2023

Cheryl Vele Retires from Mohican Bingo



By Jeff Vele
December 9, 2022 marked the end of a 36-year career in the Bingo department for Cheryl Vele. Cheryl was there at the very beginning of bingo for the Stockbridge-Munsee Community. Tribal Council thanked Cheryl with a luncheon and a Tribal blanket. And of course, a lot of hugs from those in attendance. Cheryl said she met lots of nice people and some

of those people became good friends over the many years she worked at Mohican Bingo. Cheryl joked that once she got used to the job she did not want to do anything else because there was nothing else to do..

In closing, Cheryl added, "I just can't wait until I can go and play bingo; I will be there or be square".



Cheryl Vele, center, enjoyed the day with her sister, Jeano (left of her) and nieces at the retirement party.

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Tribe Celebrates Christmas

By Thomas Kazik – Mohican News Reporter
The month of December is always known for its Christmas parties, and with the Covid-19 Pandemic holding our community apart, this holiday season was long awaited. Saturday December 10th the Elderly held their Christmas party at NorthStar Resort/Casino and the Mohican Family Center held a community walk-through events with toys for tots. Tuesday December 13th was the Employee Christmas Party for both Tribal and Casino employees held at the
Party cont on page Five:



President Holsey kicked the event off by welcoming everyone back after the extended Covid-19 separation

Moede Administrator at the Ella Besaw Center

Megan Moede recently joined the Stockbridge Munsee Community in June, when she took the position of nurse manager/administrator at the Ella Besaw Center. In addition to her current role at the center, Megan will also be serving our community as a Doctorally prepared Nurse Practitioner at the Stockbridge Munsee Health and Wellness Center on Tuesdays starting December 6th, 2022. Megan has vast experience in working with the elderly. Her previous nursing roles included a 6 1/2 years working for The-daCare at home, where majority of the population was of Medicare age.



with Family Nurse Practitioner emphasis in May 2022 from UW-Oshkosh. She started her nursing journey when she graduated with her associate's degree in December 2014 from NWTTC. In 2017, she obtained her BSN from UW-Green Bay. Previous to nursing, Megan had obtained a bachelor of science degree with
Moede cont on pg Three:

Megan obtained her Doctorate in Nursing Practice

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Volunteer Income Tax Assistance

The Volunteer Income Tax Assistance (VITA) volunteers provide FREE Income Tax Preparation Assistance to low-income, elderly, disabled and limited English-speaking people. **We do not provide tax preparation assistance to any businesses.**

Volunteers are certified by the IRS. A website for training and certification is available to potential and returning volunteers at [Link & Learn - Home \(linklearncertification.com\)](http://Link & Learn - Home (linklearncertification.com)). Volunteers need complete at least the basic certification process, which takes about 40 hours to complete to prepare taxes.

Reviewers and Site Coordinator will require additional certification.

Would you be interested in helping others, learning more about taxes, to prepare your own a little better, want to get into tax preparation business, or may have some free time on the weekend that you could spend helping others?

Here are some reasons quoted by past volunteers:

- Satisfaction of helping people who are unable to get tax breaks and benefits they qualify for because they cannot afford to go to a paid preparer for help.
- Get trained in tax law, learn how to interact with the public, and improve own tax returns.
- Enjoy the camaraderie of a group of really nice helpful people.
- Gain experience in preparing taxes to start a new career.

Days of Operation Planned for Feb. 4&5, 11&12, 25&26, and March 4&5, 8am-4:30pm. This excludes the Site Coordinator they will be working additional times before and after the tax preparation days.

We need:

- (2) Tax Preparers available 40 hours stipend @\$18.00

per hour (Five days).

(1) Tax Preparers available 48 hours stipend @\$18.00 per hour (Six days).

(1) Tax Preparer available 64 hours stipend @\$18.00 per hour (Eight days).

(2) Tax Preparers/Reviewers for 64 hours @ \$19.00 per hour (Eight days).

(1) Site Coordinator available 120 hours stipend @ \$20.00 per hour (Thirteen days).

(1) Interviewer/Intake Worker available 40 hours stipend @ \$15.00 per hour (Five days).

If you are interested in volunteering please contact Linda Mohawk-Katchenago, 715-793-4355, for more information or check out the website: <https://www.irs.gov/individuals/volunteer-training-certification> to complete the on-line certification.

(Event will be contingent on the success of getting qualified tax preparers.)

Express your thoughts and opinions. Let your voice be heard. We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416

e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE
COMMUNITY
Band of Mohican Indians

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Veterans Corner

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Officer
Office: 715-793-4036
gregg.duffek@mohican-nsn.gov



715-793-4036

Call for Artist

The Stockbridge Library, Museum and Archives in Stockbridge, Massachusetts operates an art gallery in the library lobby at 46 Main Street. Exhibits of work by Berkshire County artists and those with ties to Stockbridge are displayed monthly throughout the year. Works may be for sale, with all sales handled directly by the artist, and a donation to the library of 20% of sales greatly appreciated.

As curator of the library gallery, I invite artists of the Mohican Nation, and in particular of the Stockbridge-Munsee tribe, to propose an exhibit for this space for the month of October 2023. Reimbursement funds for shipping work, up to \$300 actual cost, will be available in thanks to a generous grant from the Stockbridge Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency. Other direct expenses can be discussed for possible inclusion.

The display space is quite small, with 8 sections in which to hang framed or mounted works up to 24" wide and 3 spaces for smaller works. Details regarding the hanging system and any specific

concerns can be discussed in advance of submission or show. I will help in every aspect of receiving, hanging and returning the work. The library does not insure artwork on display, but library staff are present in the display area. The library will promote the show via website, Facebook, and a weekly e-newsletter. Special additional promotion can be arranged.

Multiple proposals to this call may result in an annual show reserved for Stockbridge-Munsee artists.

I welcome your inquiries and proposals to be sent to my email address: wises@bcn.net or physical mail to me at P.O. Box 226, Stockbridge, MA 01262. Please send one or more images and a brief description of your work, of your art life, your relationship to the tribe and your current residence.

Application deadline: March 1, 2023.

Respectfully submitted,
Terry Wise
Curator of lobby gallery
Stockbridge Library,
Museum and Archives

Moede cont from pg One: a double major in psychology and social change & development from UW-Green Bay in 2008.

Moede is married with two sons ages 7 and 14. They recently moved from the Fox Valley to the Wausau area to be closer to Bowler area. Her husband and children are Stockbridge-Munsee descendants. Up until most recently, a lot of time was spent in the area not just for work but visiting with the late (Grandpa) Billy Moede. He was a big part of their lives.

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Carl "Deacon" Church

Carl "Deacon" Church, age 79, of Bowler, passed away on Wednesday, December 7, 2022, in Appleton. He was born on April 26, 1943, to the late Fae Joyce Church in Janesville. Carl was a veteran of the United States Navy and served during the Vietnam conflict from November of 1962 to January of 1967. After the service, he moved home to the Stockbridge Munsee Reservation and held numerous positions within the Stockbridge Munsee Community. He also worked for Proctor & Gamble before retiring and then for Doc's Harley Davidson as an instructor for 11 years. He enjoyed riding his own Harley motorcycle, gaming, playing video games and going on social media. More than anything, Carl enjoyed spending time with his family and friends. On November 9, 2022, Carl participated in the Veteran's Honor Flight from Appleton to Washington DC. It had been 60 years since he had been in the service and the trip had been a once in a lifetime event.

He was survived by his children, DeAnna (John) DeNasha, Darrin Church, Danny Church,



D. Church and Derrick (Connie) Church; thirteen grandchildren, Vanessa, John, Tammy, Cailey, Tony, Brady, Morgan, Ava, Jaden, Brandon, Bradley, Jessica and Kaitlyn; one great-granddaughter, Riezmae, and one on the way.

Carl was preceded in death by his mother and sister, Elsa Kosbab.

A funeral service was held on Monday, December 12, 2022, at Swedberg Funeral Home in Shawano. Military rites will be conducted at the funeral home after the service by the Gresham American Legion and the Mohican Veterans. Visitation was held on Monday until the time of service at the funeral home.

"No regrets, just Love!"

www.swedbergfuneralhome.com

Purchased/ Referred Care

If you receive a referral from your primary care provider at Stockbridge-Munsee Health and Wellness Center (SMHWC) to an outside provider, the referral staff will contact you with the details of your appointment. If you have a follow up appointment, please contact the referral staff with appointment information to have a referral made up. Failure to get a referral for all visits outside of the SMHWC may result in denials from the PRC department.

REFERRAL STAFF:
Danielle Ewald- Referral Case Manager 715-793-4102
Sarah Miller-Referral Specialist 715-793-5077

On the Trail Home



LindaMarie R. Kriete (Baxter)

LindaMarie R. Kriete (Baxter), age 61 of the Stockbridge-Munsee tribe, passed away on September 18, 2022, surrounded by her family. Linda was born in Kenosha on October 13, 1961, the daughter of Warren Baxter and Rose Calkins (McGee). On November 27, 1996, she was united in marriage to Donald (Donnie) Kriete. Linda had a strong spirit, an unbreakable faith and a fierce love of animals. Linda is survived by her loving husband, Donnie, of Lockport, Illinois.

Her daughter Heather (Christopher) Carr of Hilo, Hawaii, granddaughters Jade, Jules and Jemma.

Linda is further survived by her brothers John Baxter of Milwaukee, WI, Gary Baxter of Gresham, WI and Robert Calkins of Nichols, WI. Sisters Rose Chevalier of Kenosha, WI and Julie of Illinois. Nephews Danion and Vincent, nieces Krystal and Jessica.

Linda was preceded in death by her son Timothy M. Carr, her parents Warren Baxter, mother Rose Calkins (McGee) and aunts Roberta Winget (McGee) and Alberta Dodson (McGee).

A service was held for Linda on September 23, 2022, at the First United Methodist Church in Lockport, IL. Committal will be held in the summer of 2023 at the Stockbridge Indian Burial Grounds.



Earl E. Miller

Earl E. Miller, age 87, of Green Bay, passed away on Monday December 12, 2022.

Earl was born to the late Leonard "Jack" and Leoris (Tousey) Miller on

November 6, 1935, in the township of Red Springs. He graduated from Gresham High School in 1953 and proudly served in the U.S. Navy. Earl met Elizabeth "Sue" Helberg while he was still in the Navy, and they married in 1960. They moved to Chicago where Earl went to barber school. They settled in Green Bay where Earl operated St. Agnes Barber Shop.

Earl was a long-time member of Pilgrim Lutheran Church and a man of great faith. He loved dancing with his wife, spending time with his family, and playing golf with his sons-in-law, grandsons, and golf pals. He enjoyed camping, **Miller cont on page Six:**



Interim General Manager Tony Granquist was on hand to assist with the meal at the NorthStar Resort/Casino

Party cont from pg One: NorthStar Resort/Casino. Saturday December 17th the Mohican Family Center hosted a Cookies with the Grinch event.

On December 10 at the Orion event center the Elder Christmas party was held with over 400 people in attendance at the event. Elders and their guests got together and shared a meal, which consisted of chicken and beef tips, with cakes for dessert.

Peace of Mind Entertainment was on hand to provide the music for the event and a couple of youngsters, who are brother and sister, by the names of Matthew and Anahleiya Davids ran a photobooth where party goers could get their picture taken and printed on the spot.

There was another photo booth area set up by Quinn Miller of Slippery Images. Quinn took pictures which are available at: <https://slipperyimages.pixieset.com/elderxmas/>

The elderly staff outdid themselves providing a good atmosphere and good food for those in attendance. During the event, a montage of elders who has passed on over the last three years was played on the monitor for those in attendance. This was due to Covid and people not being able to get together for the event in the last couple of years. Also, on December 10, the Mohican Family Center's toy for tots' events was

held at the Family Center and featured a both where children could get their picture taken with Santa and Mrs. Claus. Toys for Tots gifts were handed out by age and gender. This event was an event that families had to sign up to receive gifts.

Tuesday December 13th Tribal and Casino employees gathered in the event center for their employee Christmas party. Started at 7 a.m. there was a breakfast buffet and at noon it was switched over to lunch/dinner. The breakfast menu was French toast, scrambled eggs, bacon, sausage, and pastries. Lunch/dinner served up chicken, beef tips, mashed potatoes, baked beans. There was also a table of cookies for dessert. Throughout the even there were mini games employees could take part in. the winners of the baked goods contest were: 3rd place Maggie Bennet, 2nd place Linda Grenz, and this years first place winner Aurora Arce. This year's ugly sweater contest was a good one: 3rd place Josh Curry, 2nd Frank Azzolina, and this year's winner was Peggy Benes. There were many great prizes employees could win, for the larger gifts names of all employees were drawn out of a hat. Upon entering each employee received a Christmas card and had an opportunity to spin a wheel for a chance to win a gift certificate, mug, shirt

or sweater or a smaller gift they could choose. Winner of the bigger gifts on the tribal side were:

\$500.00 Gift Card-Kylee Dodge
Generator-Clifton Pecore
Grill & Griddle-Jessica Hill
50 Inch Tv-Kyle Miller
Heated Patio Light-Loren Miller
Computer-Megan Pleshek
Rolling tool drawer-Seth Kuhn
Igloo Cooler-Amy Lenoble
100.00 Arco Card-Anita Miller-elderly
Ear buds-Antoinette Tourtillott
Black Tool Set-Steven Duffek
Deer Cam-Melissa Penass
Pioneer Woman Pan set-Frank Azzolina
Multi Cooker-Ken Davids
Shop Vac-Curtis Redford
Native Bed Spread-Jody Hartwig
65.00 Carpet Cleaner-Rene Montez
Native Sweater-Kat Williams
Turkey Fryer-Jeremy Wilber
Knife Set-Crystal Malone
Comforter set-Joanne Malueg
Bluetooth Speaker-Jill Duffek
Karaoke Speaker-Curtis Kroening
Native Blanket-Kristy Malone
Bird Feeder-Carmen Cornelius
Tool Set-Joe Rudesill
Native Mug Set-Chad Paiser & Rikki Gulbranson
Air Fryer-Gregg Duffek
Rechargeable flashlight-Randall Wollenhaup
Hat-Karla Bowman, Candi Miller, Todd Miller, Randy Young, Alexia Dellenan, Bertha Shepard
Gloves-Tom Kazik-forestry, Christian Bialk
Socks-Josh Jensen
Purse-Alicia Zook
Hammock Chair-Aiyana King
At the Employee Christmas party, the tribe and Casino honored employees who are reaching

milestones. First the tribal 5-year employees: CJ Welch, Jason Lange, Gina Philbrick, Brittany Kroening and Kim Taylor. The ten-year Employees: Whitney Schreiber and Molly Welch. 15 Year Employees: Peggy Benes, Simone Doxtator, wen Miller and Melodi Malone. 20-year Employees: Violet Gardner, Mary Creapeau and Tanya Wickersham. 25-year employees: Wally Miller, Lori Robinson and Bridget Swanke. 30-year employees: Darcy Malone, Dudley Welch and Dan Moede. 35-year honors to Time Malone, 40-year employees Roger Malone and Annette Schreiber. And a very special 45 years or service to Kristy Malone. The Casino honored their employees as well starting with the 5-year employees: Stefan Heins, Shannae Debroux, Amanda LaBrosse, Angela Williams, Mylan Gardner, Marguerite Owens, Marie Lenz, Ashley Isham, Shante Wilson, Case Denomie, Thomas Veigh. 10-year employees: Josh Hill and Lisa Loveland and 15-year honors John Jeske. 25-year employees: Karrie Mohawk-Tucker, Lauri Gilsoul and Kenneth Rudesill. Those employees celebrating 30 years or service: Blake Smith, Barbara Shubinski, Richard Miller, Anthony Davids and Danny Shultz. And the tribe ended off their Christmas celebration on Saturday December 17th the Mohican Family Center hosted another community event. Cookies with the Grinch was a fun little event that allowed the community to come enjoy cookies and beverages with the Grinch while they sat and enjoyed watching the grinch. The grinch themed event had cookies from Fannita's bakery in Shawano. (Jeff Vele, Mohican News Editor, contributed to this article).

Miller cont from pg Four: playing cards, and doing crossword puzzles. Earl was patient, kind, caring, giving, and unconditionally loving. He lived a life of good humor, joy, and gratitude. He will be greatly missed by everyone who knew him.

In addition to his wife, Earl is survived by children: Joel (Marlene) Miller, Jeannice (Troy) Reding, Valerie (Dana) Miller, Lisa Miller, Nicole Miller, and Ashley Miller; grandchildren: Kirk (Kyle) Miller and Elise Miller, Eliah, Elizabeth, and Samuel Reding; great-grandchildren: Trayce, Preston, Isabella and Jordyn; in-laws: Bill and Dorothy Helberg and Jan and Lowell Thoms; and numerous nieces, nephews and extended family. Earl was preceded in death by his parents; brother and sister-in-law:

Leonard "Jack" Jr. and Glenore "Betty" Miller; nephew: Luke; nieces: Jackie, Emmeretta, and Trilby; and extended family members.

A funeral service was held on Friday December 16, 2022, at Pilgrim Lutheran Church, 1731 St. Agnes Dr., Green Bay, with Pastor Scott Malme officiating. Expressions of sympathy can be made to the family by visiting www.lyndahl.com.

The family would like to thank the staff and volunteers at Woodside Assisted Living, St. Vincent and St. Mary's Hospitals and Unity Hospice for their loving care of Earl.

The Lyndahl Funeral Home and Cremation Services is assisting the Miller family with arrangements.

DHS Reminds Wisconsinites: It is Not Too Late to Get Your Flu Vaccine

With flu cases increasing nationwide, Wisconsinites are encouraged to get a flu vaccine to avoid serious illness

Data from the Wisconsin Department of Health Services (DHS) show influenza (flu) activity is increasing significantly throughout Wisconsin ahead of the December holiday season, mirroring trends being observed around the country.

As of December 1, 2022, only 31% of Wisconsin residents have received their single-dose flu vaccine.

DHS urges Wisconsinites to get vaccinated against the flu as soon as possible. Early data suggests the flu vaccine is a good match to protect against circulating strains of the virus.

yourself and those around you from the flu is to get your annual flu vaccination," said Dr. Jasmine Zapata, Chief Medical Officer in DHS Bureau of Community Health Promotion. "Everyone six months and older can get their flu vaccine today. This is especially important for those at highest risk of experiencing severe symptoms, including older people, people with chronic health conditions, people who are pregnant, and young children. But even if you are not at higher risk, getting the flu vaccine can help you from spreading it to others who may get seriously ill."

"The best way to protect

Stay safe and connected this season.



→ Get the updated COVID-19 vaccine.

Feel confident doing the things you love, like staying active and getting together with the people who matter most. Get the updated COVID-19 vaccine today to protect yourself – and your family and community – from COVID-19's most serious effects. **Learn more about the updated COVID-19 vaccine at**

dhs.wi.gov/vaccine

**YOU
STOP
THE
SPREAD**

January is National Radon Awareness Month

Radon is a colorless, odorless, and tasteless radioactive gas that can harm you and your family

Radon is the **#1** cause of lung cancer among non-smokers and **#2** cause of lung cancer overall

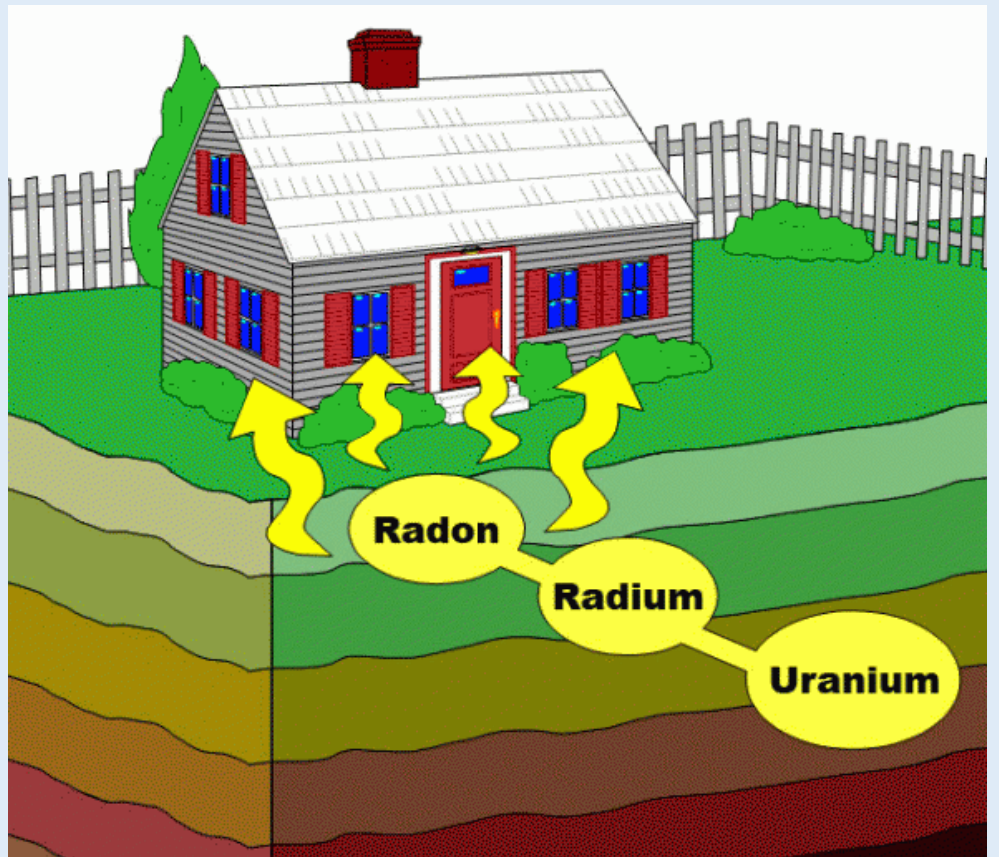
Smokers who live in homes with high radon are **10 times** more at risk to have lung cancer than non-smokers who live in homes with high radon

2 out of 3 homes in our area have high radon levels

Radon levels peak in the winter months when windows and doors are closed



Is Your Home Safe?



Radon occurs naturally in the ground and can enter your home through cracks and holes in your foundation, or even through your well water. The amount of radon in the soil depends on soil chemistry and can vary from house to house. In Shawano County, radon varies from low to very high, with some homes on the Reservation having very high levels.

Keep you and your family safe this year by getting your home tested for radon. **FREE** test kits are available to Tribal members through the Environmental Department. Contact the Environmental Department to have your house tested! If your house tests high for radon, the Environmental Department can provide advice on having a radon mitigation system installed into your home.

SMC Environmental Department
715-793-4363

December 10 Toys for Tots'



Employee Christmas Party





After the Power goes out the Mohican Family center will be open as a shelter

Please pass this information on to your families.

Attached are some things you can do in the event of a power outage.

From the office of emergency management.

Power Outage in Winter Food Safety: As with power outages in any season, keep the refrigerator and freezer doors closed as much as possible. A refrigerator will keep food cold for about 4 hours if the door is kept closed. A full freezer will hold its temperature for about 48 hours. Even with snow and ice, outside temperatures can vary, causing chilled food to enter the danger zone, warmer than 40-degrees Fahrenheit and cooler than 140-degrees Fahrenheit. However, winter conditions can be helpful one way. Refrigerators and freezers that lack power can still function as an old-fashioned icebox that use ice instead of electricity. Source: FoodSafety.gov

Conserve heat:

1. Some gas-fueled heaters, such as vent-less gas fireplaces, require some ventilation. Otherwise, if you don't need extra ventilation, keep as much heat as possible inside your home.
2. Avoid unnecessarily opening doors or windows.
3. Close off unneeded rooms.
4. Stuff towels or rags in cracks under doors.

5. Close draperies or cover windows with blankets at night.

Go to safe shelter when extremely cold (source CDC)

After a power outage:

1. Be extra cautious if you go outside to inspect for damage after a storm. Downed or hanging electrical wires can be hidden by snowdrifts, trees or debris, and could be live. Never attempt to touch or move downed lines. Keep children and pets away from them. Always stay 25 feet away from downed power lines.
2. Check on neighbors, especially senior citizens and individuals with functional needs.
3. Do not touch anything power lines are touching, such as tree branches or fences. Always assume a downed line is a live line. Call your utility company to report any outage-related problem.

Never call 9-1-1 to ask about a power outage. (Source: Michigan.gov)

(All tips below from CDC)

Heat your home safely.

If you plan to use a wood stove, fireplace, or space heater, be extremely careful.

1. Use fireplaces, wood stoves, or other combustion heaters only

if they are properly vented to the outside and do not leak gas from the flue or exhaust into the indoor air space.

2. Do not burn paper in a fireplace.
3. Make sure you have proper ventilation if you must use a kerosene heater.
4. Use only the type of fuel your heater is designed to use-- don't substitute.

Light your home safely if there is a power failure:

1. Use battery-powered flashlights or lanterns rather than candles, if possible. Candles can lead to house fires.
2. If you do use candles, never leave lit candles unattended.

Use generators and other appliances safely.

1. Generators should be located at least 20 feet from any window, door, or vent and in a space where rain and snow will not reach them.
2. Protect yourself from carbon monoxide (CO) poisoning by installing a battery-operated CO detector.

3. Never using generators, gas or charcoal grills, camp stoves, or similar devices inside your home, in basements, in garages, or near windows. The fumes are deadly.
4. Plug in appliances to the generator using individual heavy-duty, outdoor-rated extension cords.
5. Do not use the generator or appliances if they are wet.
6. Do not store gasoline indoors where the fumes could ignite.

Make sure babies and older adults stay warm.

Babies

Infants less than one year old should never sleep in a cold room because they lose body heat more easily than adults. Follow these tips to keep your baby safe and warm during the extreme cold:

1. Remove any pillows or other soft bedding. These can increase the risk of smothering and Sudden Infant Death Syndrome (SIDS).
2. Dress babies in warmer clothing such as footed pajamas, one-piece wearable blankets, or sleep sacks.



The risk of mixing alcohol and medicine: Celebrate safely this holiday season

WAUSAU, Wis.—According to National Institute on Alcohol Abuse and Alcoholism (NIAAA) and American Addiction Centers (AAC):

1. Drinking alcohol might make the medication you're taking less effective.

"For example, alcohol is a depressant, so drinking while taking an antidepressant may hurt the goal of improving your mood," says Balthazor.

2. The interaction of alcohol and some medications may increase negative side effects. Taking a medication that causes drowsiness while drinking can worsen the effect.

3. The interaction may increase risk of organ damage. Balthazor shares an example, saying "taking too much acetaminophen, or Tylenol, while drinking can significantly damage your liver."

4. The interaction can sometimes have life-threatening effects, such as major bleeding, extreme drowsiness and trouble breathing.

The Effects

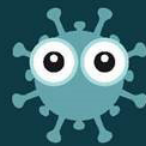
The effect alcohol has on drugs will vary depending on the type or class of drugs you are taking while drinking alcohol.

Combining medications (prescribed or not prescribed) with alcohol can have unpredictable and unwanted consequences. Aspirus aims to help community members better understand the dangers of mixing these substances and how to prevent harm this holiday season.

"Drinking alcohol while taking over-the-counter (OTC) or prescription medicine has the potential to be extremely dangerous, messing with the effectiveness of the medicine and leading to significant interaction effects," says Allyson Balthazor, a clinical pharmacist who is completing her first year of pharmacy residency at Aspirus Wausau Hospital. "It's best to avoid drinking altogether while taking any kind of medicine, but if you're considering it, it's important to know the risks."

The Risks

Here are the dangers of mixing alcohol and medication, according to the National Institute



INFLUENZA

With influenza/flu cases increasing nationwide, we are strongly encouraging our community to get the flu vaccine to avoid serious illness.

Personal Protection

The best way to protect yourself and those you love from getting sick from the flu is to get a yearly flu vaccine. Other steps include: washings your hands, avoiding others when sick, and covering your nose and mouth when you sneeze. By covering your nose and mouth when you cough or sneeze you can slow the spread of the flu.

Protecting Others

Stay home when you are sick. Even if you typically don't get sick, getting vaccinated will stop you from spreading it to others who may be at higher risk of developing severe possibly life threatening complications from the flu.

Please help us keep you and your family healthy.



Wash Your Hands Often



Get Vaccinated



Stockbridge-Munsee
Health & Wellness Center

It's Not Too Late to Get Your Flu Vaccine

As a reminder the Flu vaccination is available for anyone over the age of 6 months old

Contact the SMHWC to schedule your Flu shot at:
+715-793-5000
SMHWC W12802 Co. Hwy A, Bowler, WI 54416

WISCONSIN DEPARTMENT OF NATURAL RESOURCES

ENVIRONMENTAL INTERNSHIPS

The Wisconsin DNR is offering PAID summer internships through the State of Wisconsin Student Diversity Internship Program (SWSDIP).

OPPORTUNITIES IN:

Air Quality • Drinking Water and Groundwater
IT • Natural Resource Education • Parks
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On Tuesday, December 6th, 2022, the Stockbridge-Munsee Tribal Council held a Regular Tribal Council Meeting and at that time the following actions were taken:

Roll Call:

Shannon Holsey; Present
Craig Kroening Jr.; Present
Sara Putnam; Present
Joe Miller; Present
Jeremy Mohawk; Present
Terrie K. Terrio; Present
Randall Wollenhaup Present

APPROVAL OF AGENDA-ADD: Munsee Consultant Contract

Linguist Contract

Banishment in

Executive Session

Motion by Terrie K. Terrio to approve the Regular Tribal Council Meeting agenda for Tuesday, December 6th as amended. Seconded by Joe Miller. Motion carried.

OPEN AGENDA-MEETING MINUTES-

Motion by Joe Miller to approve Regular Tribal Council minutes of November 15th, 2022, as presented. Seconded by Terrie K. Terrio.

Roll Call: Joe yes, Terrie yes, Sara yes, Craig yes, Randall abstains, and Jeremy abstains. Motion carried.

Motion by Joe Miller to approve the Special Tribal Council minutes of Wednesday, November 23 as presented. Seconded by Jeremy Mohawk.

Roll Call: Joe yes, Terrie yes, Sara abstains, Craig yes, Randall yes and Jeremy yes. Motion carried.

D U P L E X ARCHITECTURAL SERVICES-Randy Young, Housing Director

Motion by Sara Putnam to award the design of the duplexes to Dimension IV. Seconded by Craig

Kroening Jr. Motion carried.

JOB DESCRIPTION: Events Coordinator-Kori Price, Family Services Manager

Motion by Terrie K. Terrio to approve the Events Coordinator position. Seconded by Jeremy Mohawk. Motion carried.

TRACTOR SUPPLY ROOF-Clifton Pecore, Facilities Manager

Motion by Sara Putnam to award the Tractor Supply Roof Proposal to Kulp's of Stratford LLC. Seconded by Joe Miller.

Motion maker amends motion: for the total of money. Second concurs. Motion carried.

APPROVAL OF MOU WITHH SAFE HAVEN D SUPPORT CENTER-Kori Price, Family Services Manager

Motion by Terrie K. Terrio to approve the Memorandum of Understanding between Family Services Domestic Violence Program and Safe Haven Domestic Violence and Sexual Assault Support Center. MOU was viewed by the legal department and has no issues. Seconded by Joe Miller. Motion carried.

HANDBOOK UPDATES: Student Activities-Roberta Carrington, Ed. Board Chairperson

Motion by Craig Kroening Jr. to go along with the Education Board recommendation adding Accuplacer as part of the ACT/SAT Test bullet under Student Activities as presented. Seconded by Randall Wollenhaup. Motion carried.

HANDBOOK UPDATES: Standards for US Schools & Lifetime Basic Education-Roberta Carrington, Ed. Board

Chairperson

Tabled and will be brought back.

2023 BUDGET MOD #1 FOR FUND 204-Jolene Bowman, Director of Education and Career Services

Motion by Sara Putnam to support Mod #1 for an increase of money in Tribal Contribution increasing the base training wage to \$15.00 in Fund 204 for Summer Youth. Seconded by Randall Wollenhaup. Motion carried.

AGING AND DISABILITY RESOURCE SPECIALIST A D R S - Stephanie Bowman, Aging and Disability Area Manager

Motion by Jeremy Mohawk to approve the Aging and Disability Area Services Manager to complete and send notice to DHS of our intent to apply for a Tribal Aging and Disability Specialist. Seconded by Terrie K. Terrio.

Roll Call: Joe yes, Terrie yes, Sara yes, Craig yes, Randall abstains, and Jeremy yes. Motion carried.

BUSINESS OFFICE FILL-IN-Andrew Miller, SMHWC Director

Motion by Joe Miller to approve for post for hire the Business office Fill-in with the caveat that has been discussed. Seconded by Jeremy Mohawk.

Motion maker withdraws motion. Second concurs. Motion withdrawn.

Motion by Sara Putnam to approve a fill-in for the business office using the Patient Account Specialist job description adding fill-in to it. Seconded by Terrie K. Terrio. Motion carried.

REQUEST FOR BID-SMHWC Nursing Station Remodel-Andrew Miller, SMHWC Director

Motion by Terrie K. Terrio to post Andy's request for bids for Health Center nursing station remodel. Seconded by Randall. Motion carried.

BH POLICY: Treatment

Plan-Andrew Miller, SMHWC Director

Motion by Terrie K. Terrio to approve the revision to the Behavioral Health Substance Abuse Policy Treatment Plan #202BH0017 as recommended and approved by the Health Board. Seconded by Jeremy Mohawk. Motion carried.

BH POLICY: Crisis, Walk-ins, or Call-ins-Andrew Mille, SMHWC Director

Motion by Terrie K. Terrio to approve policy #202BH0004, as recommended and approved by the Health Board. Seconded by Jeremy Mohawk. Motion carried.

BH POLICY: Clinical Supervision and Collaboration-Andrew Miller, SMHWC Director

Motion by Terrie K. Terrio to approve policy #202BH0019MH as recommended and approved by the Health Board. Seconded by Jeremy Mohawk. Motion carried.

BH POLICY: Intake and Admission-Andrew Miller, SMHWC Director

Motion by Terrie K. Terrio to approve policy #202BH0006 as recommend by the Health Board. Seconded by Jeremy Mohawk. Motion carried.

BH POLICY: Clinical Supervision and Consultation and Staffing-Andrew Miller, SMHWC Director

Motion by Terrie K. Terrio to approve policy #202BH0043SA as recommended by the Health Board. Seconded by Jeremy Mohawk. Motion carried.

BH POLICY: Admission of Minor or Incompetent Clients for Outpatient Treatment-Andrew Miller, SMHWC Director

Directives cont on pg 13:

Directives cont from 12:
Motion by Terrie K. Terrio to approve policy #202BH0007 as recommended by the Health Board. Seconded by Jeremy Mohawk. Motion carried.

BH POLICY: Criteria for Admissions-Andrew Miller, SMHWC Director
Motion by Terrie K. Terrio to approve policy #202BH0008 as recommended by the Health Board. Seconded by Jeremy Mohawk. Motion carried.

MUNSEE CONSULTANT CONTRACT-Joseph Pecore, Language Manager

Motion by Jeremy Mohawk to approve the contract for Munsee Consultant Kristin Jacobs and authorize President signature, upon legal review. Seconded by Randall Wollenhaup. Motion carried.

LINGUIST CONTRACT-Joseph Pecore, Language Manager

Motion by Jeremy Mohawk to approve the contract for the Mohican Linguist Chris Harvey and authorize President signature, upon legal review. Seconded by Randall Wollenhaup. Motion carried.

BOARD/COMMITTEE APPOINTMENTS-

Motion by Joe Miller to appoint Jeffery Vele Jr., to the Historic Preservation Committee. Seconded by Terrie K. Terrio. Motion carried.

Motion by Joe Miller to appoint Karen Gardner and Brent Michael Davids to the Language & Culture Committee. Seconded by Terrie K. Terrio. Motion carried.

Motion by Joe Miller to appoint Rolanda Bierman, Kim Taylor, and Rose Strege to the Editorial Board and to post for the two vacancies. Seconded by Terrie K. Terrio.

Roll Call: Joe yes, Terrie yes, Sara yes, Craig

abstains, Randall yes and Jeremy yes. Motion carried.

Motion by Joe Miller to appoint Roberta Carrington and Melissa Penass to the Child Protection Board. Seconded by Terrie K. Terrio. Motion carried.

Motion by Joe Miller to appoint Carolie Miller to the Housing Board and to post for the one vacancy. Seconded by Terrie K. Terrio. Motion carried.

Motion by Joe Miller to appoint Carolie Miller and Geraldine Sanapaw to the Health Board and to post for the vacancies. Seconded by Terrie K. Terrio. Motion carried.

Motion by Joe Miller to appoint Larry Moede Sr. to the Land Committee and to post for the vacancy. Seconded by Terrie K. Terrio. Motion carried.

Motion by Terrie K. Terrio to appoint Jeffery Vele Jr., Allyssa Verstoppen and Shawn Moede to the Membership Committee and to post for the elder vacancy. Seconded by Joe Miller. Motion carried.

Motion by Jeremy Mohawk to appoint William Terrio, Geraldine Sanapaw and Beau Miller to the Investment Committee. Seconded by Randall Wollenhaup.

Roll Call: Joe yes, Terrie abstains, Sara yes, Craig yes, Randall yes, and Jeremy yes. Motion carried.

EXECUTIVE SESSION-

Motion by Craig Kroening Jr. to go into Executive Session. Seconded by Jeremy Mohawk. Motion carried at 5:46 PM.

Motion by Joe Miller to come out of Executive Session. Seconded by Terrie K. Terrio. Motion carried at 6:09 PM.

While in Executive Session discussion was held on a ban.

Motion by Joe Miller to execute a ban to tribal buildings as discussed in Executive Session.

Seconded by Randall Wollenhaup.

Roll Call: Joe yes, Terrie yes, Sara yes, Craig abstains, Randall yes, and Jeremy yes. Motion

carried.
ADJOURNMENT-
Motion by Jeremy Mohawk to adjourn. Seconded by Randall Wollenhaup. Motion carried at 6:10 PM.

Otradovec named Chief Financial Officer of College of Menominee Nation



KESHENA, WI – George Otradovec has been named Chief Financial Officer (CFO) of the College of Menominee Nation (CMN). Under the direction of the President, the CFO directs and oversees the financial actions of the College.

The CMN Board of Directors confirmed President Chris Caldwell's selection of George Otradovec as CFO on November 28, 2022. This was a lengthy process in which the President was aided by a search committee made up of representatives from staff, faculty, and the Board.

Otradovec has served as Interim Chief Financial Officer since July 2020.

President Caldwell stated this about Otradovec's role, "George has been a great asset to the College and will be a key figure in ensuring consistent day-to-day financial operations and long-term fiscal sus-

tainability."

Over his years of working for the College, Otradovec has served in various positions in the finance area with gradually increasing responsibilities. This included stepping in during leadership transitions in the finance area, with his more recent assignment serving as interim CFO. Otradovec is a Menominee veteran, an alumnus of CMN, and is currently in the University of Wisconsin - Oshkosh Executive Master of Business Administration Program.

Otradovec is honored to be selected for this position stating, "I am very appreciative to be given this opportunity to bring my voice and leadership to the College of Menominee Nation, and I look forward to working with President Caldwell in leading the College into a more dynamic and prosperous future."

The College of Menominee Nation is an accredited baccalaureate-level institution chartered by the Menominee People. Campus locations are in Keshena and Green Bay, Wisconsin. Seventy percent of CMN's alumni are enrolled or descendants of American Indian Tribes with representatives from 36 tribes and bands.



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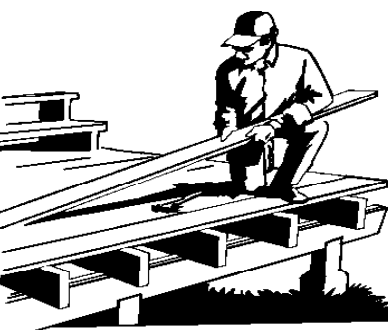
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Whooo...whooo do we appreciate?
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Important Dates

- Tuesday, January 3rd Head Start Resumes
- 10th SNAP Ed with Cami
- 16th MLK Jr Day Holiday NO HEAD START
- 17th Bookworms
- 17th Policy Council Meeting Noon
- 23rd Parent Involvement 5 PM



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