

# MOHICAN FAMILY CENTER RECREATION

## December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness Assistants are available 6AM-8:45PM for Personal Training Sessions 793-4803						1 Open gym 6-9 pm
2	3 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball	4 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball	5 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball	6 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Jingle Bell Walk 6-9 Basketball	7 6-3:30 open gym for adults 12-1 Noon-Ball 6 craft night 6-9 Basketball	8 Open gym 6-9 pm
9	10 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball	11 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball	12 6-3:30 open gym for adults 12-1 Noon-Ball 5 Family Fun night 6 7 <sup>th</sup> -12 <sup>th</sup> grade swim trip	13 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball	14 6-3:30 open gym for adults 12-1 Noon-Ball 4 5-Adult Festival of lights trip 6-9 Basketball	15 Open 11:30-5 Community Christmas Party
16	17 6-3:30 open gym for adults 12-1 Noon-Ball 6-9 Basketball	18 6-3:30 open gym 12-1 Noon-Ball 4:30 9-Adult movie trip	19 6-3:30 open gym for adults 12-1 Noon-Ball 6-9 Basketball	20 6-3:30 open gym for adults 12-1 Noon-Ball 6-9 Basketball	21 6-3:30 open gym for adults 12-1 Noon-Ball 6 craft night 6-9 Basketball	22 closed
23	24 Closed Closed 	25 Merry Christmas Closed	26 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball	27 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball	28 6-3:30 open gym for adults 12-1 Noon-Ball 6 craft night 6-9 Basketball	29 closed
30						

**SUBJECT TO CHANGE Call 715-793-4080**