

MFC February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Fitness Assistants are available 6AM-8:45PM for Personal Training Sessions 793-4803					1 6-3:30 open gym for adults 12-1 Noon-Ball 4-6 Bowler BB Practice Gym 6-9 Basketball1	2 Open gym 6-9 pm Joe Miller Coverage
3 Times may change please contact MFC at 715-793-4080	4 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball -4159	5 6-3:30 open gym for adults 12-1 Noon-Co-Ed Volleyball Ball 4:45 adult water aerobics 6 movie night 6-9Men's Basketball -4	6 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball-3977	7 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball-3886	8 6-3:30 open gym for adults 12-1 Noon-Ball 6 movie night 6-9 Basketball-3795	9 Open gym 6-9 pm- John Miller Coverage
10	11 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball -3748	12 6-3:30 open gym for adults 12-1 Noon-12-1 Noon-Co-Ed Volleyball 4:45 adult water aerobics 6-9 Men's Basketball	13 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class POKER Fitness 6-9 Basketball	14 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball-3475	15 6-3:30 open gym for adults 12-1 Noon-Ball 4-6 Financial Workshop 6 movie night 6-9 Basketball-3384	16 Open gym 6-9 pm- Phillip Duffek Coverage
17	Holiday 18	19 6-3:30 open gym for adults 12-1 Noon-Co-Ed Volleyball Ball 4:45 adult water aerobics Movie Night	20 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class Cedar Creek Trip	21 6-3:30 open gym for adults 12-1 Noon-Ball Clinic Training 4:45 adult water aerobics	22 6-3:30 open gym for adults 12-1 Noon-Ball 6 movie night 6-9 Basketball	22 Head Start Lobby Open gym 6-9 pm- Steve Duffek Coverage

		6-9 Men's Basketball	6-9 Basketball	6-9 Basketball		
23	24 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball -	6-3:30 open gym for adults 12-1 Noon-12-1 Noon-Co-Ed Volleyball Ball 4:45 adult water aerobics 6-9 Men's Basketball -	25 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 Strong bones exercise class 6-9 Basketball-283	26 6-3:30 open gym for adults 12-1 Noon-Ball 4:45 adult water aerobics 6-9 Basketball	27 6-3:30 open gym for adults 12-1 Noon-Ball 6 Clinic movie night 6-9 Basketball	28 Open gym 6-9 pm Cheryl Pieper Coverage

EVENTS

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