

February
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 6 7 8 9 10 11 12
 13 14 15 16 17 18 19
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March
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 31

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					EGGS 1 CORN BEEF HASH TOMATOES BISCUITS FRESH FRUIT	COFFEE, MILK JUICE & BREAD SERVED @ EVERY MEAL
3	KIELBASA W/KRAUT ⁴ GREENBEANS AMERICAN FRIES WHOLE GRAIN ROLL ICE CREAM SANDWICH	SHEPHERDS PIE 5 W/MIXED VEGGIES BROCCOLI WHOLEGRAIN BREAD YOGURT PARFAIT	CHILI GRILLED CHEESE PICKLE SHERBERT	BEEF 7 STROGANOFF BUTTERBEANS CARROTS ROLL APPLE CRISP	PANCAKES 8 BOILED EGGS TURKEY LINKS AVOCADO SLICE FRESH FRUIT	9
10	SPAGHETTI 11 W/MEAT SAUCE SPINACH SALAD GARLIC BREAD CHERRY PIE	FRENCH DIP 12 BROCCOLI SALAD BAKED BEANS CHEESE CAKE BROWNIE	BEEF NOODLE ¹³ SOUP VEGGIE STICKS ROLL CARROT CAKE	CHICKEN POTPIE ¹⁴ W/BISCUITS BRÜSSEL SPROUTS SUGAR FREE GELATIN ORANGE CREAMSICLE DESSERT	ENGLISH MUFFIN ¹⁵ SANDWICH SAUSAGE PATTY AMERICAN FRIES W/VEGGIES FRESH FRUIT	16
17	SACHEM 18 HOLIDAY CLOSED	TATOR TOT 19 CASSEROLE GREEN BEANS SALAD BAR BREAD STICK CHOCOLATE CHIP COOKIE	ITALIAN WEDDING ²⁰ SOUP SLICED TOMATO COTTAGE CHEESE GARLIC BREAD CHOCOLATE PIE	COOK'S 21 CHOICE STRAWBERRIES & CREAM OVER BISCUITS	EGGS 22 BISCUIT W/COUNTRY GRAVY BACON YOGURT W/BERRIES ORANGES	23
24	PROTEIN SALAD BAR ²⁵ GARBANZO BEANS KIDNEY BEANS TUNA, HAM COLESLAW PASTA SALAD FRESH BREAD	CHICKEN 26 MUSHROOM & BROCCOLI CASSEROLE SWEET POTATO WHOLE GRAIN ROLL	GARDEN SOUP ²⁷ HAM SALAD SANDWICH ON A CROISSANT W/LETTUCE & TOMATO SLICED PEARS	MEATLOAF 28 SWEET POTATO MASHED W/GRAVY PEAS WHOLE GRAIN ROLL		