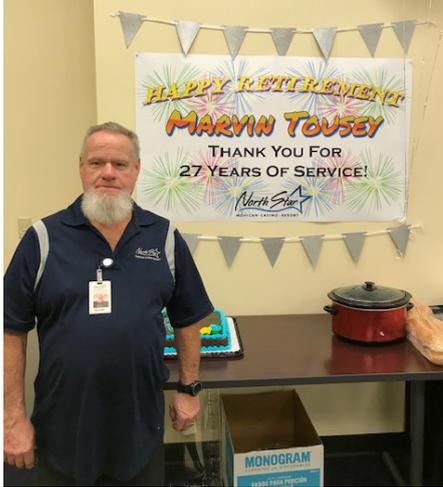


MOHICAN NEWS

The people of the waters that are never still

Retirement for two Long-Term Employees



A career with the Stockbridge-Munsee Community and the North Star Mohican Casino Resort spanning nearly three-decades recently ended for Mr. Marvin Ross-Tousey. Marvin served as both a Housekeeper and as a Custodian with the Maintenance Department, now called the Environmental Service Department, here at the North Star Mohican Casino Resort.

Though it might have appeared to some that Marvin never had much to say during the course of the work day, those who worked closely with Marvin will tell you that we usually paid attention when Marvin did decide to share his knowledge, thoughts and opinion as it was usually formed after much consideration, thought, and compassion for all those involved and worth the effort to listen.

While we are sad to see Marvin retire, we are equally happy that Marvin intends not to be a stranger and plans to come back occasionally to visit his former co-workers and continued friends here at the casino resort. We wish Marvin all the best as a new retiree and hope that his wife keeps the "Honey do lists" short and infrequent.

Thank you Marvin for all that you have done, for all those who you have helped learn their job related tasks, for the knowl-



Ella (Ellie) Kazik was born and raised in Morgan Siding and started working for the Community very early in her life.

Ellie worked in the Neighborhood Youth Corp (NYC) program at the age of 14 for every one of her high school years. She also was a teacher's aide at Bowler school for the tribe. And for two years Ellie was the Relief for Needy Indian Persons (RNIP) coordinator for the tribe.

Then on July 29, 1984 she was hired as the receptionist/smoke shop sales. Then she was hired as legal assistant to Kim Vele and when Kim left, she was the assistant to Ray DePerry. In December of 1989 Ellie started in payroll and has stayed there. She also did the casino's payroll when it first started on County A. She also did the casino's payroll when one person left and eventually trained the person hired for the job.

Ellie has been helping out even in retirement to make sure there is a smooth transition in the payroll department and as a fellow employee, I thank you, Ella!

edge and wisdom you have shared over the years, and for your continued friendship.

All the Best,
Your friends and family at North Star Mohican Casino Resort.

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2020 State of the Tribes Address

Compiled by Jeff Vele – Mohican News Editor

On February 18, 2020, Ned Daniels, Jr., Chairman of the Forest County Potawatomi Community gave the 2020 State of the Tribes Address to Governor Evers, Lt. Governor Barnes, Speaker Vos, Majority Leader Fitzgerald, President Roth, members of the Senate, members of the State Assembly, Constitutional Officers, Cabinet Secretaries, Justices of the Wisconsin Supreme Court, Fellow Tribal Leaders, esteemed elders, veterans, and other honored guests.

Ned Daniels, Jr. started out by saying, "I stand before you in honor and respect for the elders, veterans, leaders and public servants who have come before me". He then proceeded to name those leaders from other Wisconsin Tribal Nations:

- President Marlon WhiteEagle, Ho-Chunk Nation
- Chairwoman Joan Delabreau,



Ned Daniels, Jr., Chairman of the Forest County Potawatomi Community

Menominee Indian Tribe of Wisconsin

- President Shannon Holsey, Stockbridge-Munsee Community
- Chairman Tehassi Hill, Oneida Nation
- Chairman Garland McGeshick, Sokaogon Chippewa Community
- Chairman Rick Peterson, Red Cliff Band of Lake Superior Chippewa

Tribes cont on page Five:

Career Readiness Grant Provides Opportunity



The American Indian College Fund awarded the College of Menominee Nation (CMN) a grant over two years as part of the Completion with a Purpose Initiative, generously funded by the Strada Education Network. The intent of this project is to support strategic programming that provides career advising and development resources to American Indian and Alaskan students at CMN. On February 4, the College hosted a breakfast meeting to introduce the program to local businesses and tribal com-

munities. Jack Soto, AICF Career Readiness and Employment Senior Program Manager, led the discussion.

Mr. Soto explained the advantages for students and businesses to participate in the project. The project would allow students to take part in paid internships at local business and Tribal Departments, or job shadow to learn more about a job. Internships and job shadowing allow students to learn about the wide variety of career opportunities and what is expected in a work setting. In turn, local business and tribal departments can out learn about future employees and help students explore job opportunities. Participants shared ideas on what a successful internship would look like for them and they identified both the advantages and challenges of bringing on student interns.

Dr. Alphaia Creapeau, Director of Human Services for the

Grant continued on page Six:

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Language Corner



Greeting to all,

My Name is Shawn Stevens and I am the newly hired Language Program Manager. It is with great honor and humility (being humble) that I accept this job and assist in providing our cultural heritage to the people. I have approximately 20 years' experience in learning and working with languages such as Mahican. Munsee, as well as similar languages to an extent such as Ojibwe, Menominee, and other similar languages to our own for comparisons.

In the past, language was being provided here by individuals on their own time with nothing permanent or continuous. Folks did the best they could with what

they had at the moment. With no permanent structure in the past, it was very difficult to provide consistency, continuity and growth up until now. With a Language manager being hired full time, there is assurance for consistency, continuity and growth. No one can blame the teachers of the past for lack of. For families, life and work do play a factor in volunteering. In fact, there would be no language program today if not for those individuals who struggled and kept the hope alive.

Presently, we do offer two ancestral language classes for people to attend. One of which is the Munsee language. It is a beautiful eloquent language held onto by our sibling Munsee people from Moraviantown Ontario. As you may already know, we have very close relation with that band as well as sharing some family names who had been separated by the migrations from the eastern homelands.

To have access to a language shared by relatively recent ancestors is truly a gift! A language that is handed down from

generation to generation orally can not be compared to anything less. Certain nuances of the language can only be transferred by actually speaking the language. One little mispronunciation can completely change the entire meaning of the word, sentence, story etc. There is no room for mistakes. To hand the language down traditionally by mouth, it continues that unbroken connection with our ancestors.

With the documents we have in Mohican (properly pronounced "Muh-he-kun"), and with the living language of our Munsee relatives, we have the opportunity to bring forth our language once again that reflect who we are a people. We (as a people) are no longer one nor the other anymore, rather descendants of both.

Without the living Munsee language, we would not be able to truly understand and learn to full extent, the Mohican (Mahican) language which is an ongoing process at the moment. We have live speakers of the Munsee language from Moraviantown, and several linguists helping with the Mahican language along with Tribal members who have decades of experience in working with both languages.

The language projects will take years and generations to return fully spoken fluent speakers. "Patience" is the answer to language reclamation. It should

not be rushed or manufactured in a hurry. Our belief is to set a foundation for the Tribe and people, also to provide the tools necessary for our children and future generations to evolve along with the language. The most important thing is that the language reclamation comes from us! We have help, but it must come from us to truly reflect us a people.

As of now, we are holding Munsee classes every Wednesday from 6-7pm, and Mohican language study classes from 5:30-6:30pm on Mondays. Both currently held at the library/museum. I encourage all to come and learn, or just listen. We are at a pivotal point in the language programming now that we have established consistency and continuity. Those who come and participate will have great effect on our Nations future Language and culture. It is a great opportunity to be a part of something that you're not only learning, but helping your people present and future.

Any questions, or concerns you may have, I can be reached at my office in the Land building where the old enrollment office used to be, or call at 715-793-3047, or email me at shawn.stevens@mohican-nsn.gov.

Coming soon, "Word of the month!"
Wneeweh!
Anushiik!

Express your thoughts and opinions. Let your voice be heard.
We welcome your letters to the Editor and the Community.

Community Voices

Letters of opinion can be dropped off at Mohican News in the Tribal Offices or can be mailed to:

Mohican News

N8480 Moh He Con Nuck Road
PO Box 70
Bowler, WI 54416

e-mail: mohican.news@mohican.com

Please type your letters or print clearly and include your signature, address, and daytime phone number. Letters must be 500 words or less. All letters are subject to editing and may require confirmation. Some may be rejected due to inappropriate content as deemed by our editorial board. The views of our readers are not necessarily the views of the Mohican News, its staff, or the Stockbridge-Munsee Tribe.

STOCKBRIDGE-MUNSEE COMMUNITY

Band of Mohican Indians

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Stockbridge-Munsee Community

EDITOR:
Jeff Vele

STAFF REPORTER:
TBA

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STOCKBRIDGE-MUNSEE COMMUNITY Band of Mohicans

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Purchased/ Referred Care (PRC)

If you receive a referral from your primary care provider at Stockbridge-Munsee Health and Wellness Center (SMHWC) to an outside provider, the referral staff will contact you with the details of your appointment. If you have a follow up appointment, please contact the referral staff with appointment information to have a referral made up. Failure to get a referral for all visits outside of the SMHWC may result in denials from the PRC department.

REFERRAL STAFF:

Danielle Ewald- Referral Case Manager 715-793-4102

Sarah Miller-Referral Specialist 715-793-5077

Make sure you stop at the PRC department to sign all referrals before you go to any appointment outside of the SMHWC. Failure to sign referrals may result in denials from the PRC department.

PURCHASED REFERRED/CARE STAFF:

Kasha Coyhis- PRC Manager 715-793-5011

Ronni James- PRC Assistant 715-793-5010

Ally Miller- PRC Assistant 715-793-3015

Expanded Pharmacy Hours

Beginning March 1st, the Stockbridge-Munsee Health and Wellness Center Pharmacy will be open from 8:00am until 5:30pm, including the lunch hour. The pharmacy asks all patients to take advantage of the extra hour. Please note the pharmacy frequently gets busy on Friday afternoons and on days before a holiday. If possible, please pick up your medications earlier in the week. We hope the added hour will help by expanding access for patients throughout the week, and better serve all patients.

ATTENTION TEACHERS

If you are a Stockbridge-Munsee enrolled member with a degree in Education and working in education please provide the S/M Education office with your name and contact information by **Friday, March 27th** to P.O. Box 70, W13447 Camp 14 Road, Bowler WI 54416 or email the information to jolene.bowman@mohican-nsn.gov. If you have any questions please contact Jolene Bowman, Director of Education and Career Services at (715) 793-4060.

Junior Miss Mahiikaniiw Makes Front Page



(BOWLER, WI) Junior Miss-Mahiikaniiw, Libby Carrington made the front page of the Appleton Post Crescent in an article titled, "Despite a state law on the books that mandates indigenous educa-

tion for Wisconsin kids, a cycle of avoidance makes it hard for teachers and students alike to learn" and it was republished in the Milwaukee Journal Sentinel.

The author Madeline Heim who covers health and science for USA TODAY NETWORK-Wisconsin included in her article a picture from Lori Mueller's fourth-grade class at Bowler Elementary School with Libby viewing tribal Member Molly Miller in a documentary on clan mothers. A picture of Mrs. Mueller's classroom library was also highlighted because Mrs. Mueller feels it is helpful in closing the literacy gaps between the students in her classroom.

In addition to the pictures that were included in the article there were quotes in the article from both Lori Mueller and Dr. Jolene Bowman. When interviewed about the article Dr. Bowman said, "All people deserve to learn the truth and to be visible in academia." She added, "We must never give up. Our ancestors never gave up on us and we owe it to our future to never give up on our children and our children's children and so forth."

(Editor's Note: A file photo was used for this article due to copyright concerns).



Veterans Corner

203 W. Main St
Bowler, WI. 54416

Gregg W. Duffek,
Tribal Veterans Service
Officer

Office: 715-793-4036

gregg.duffek@mohican-nsn.gov



715-793-4036

No Veteran Should Be Without a Place to Call Home

Free Help for Homeless Veterans Dial 1-877-4AID-VET (1-877-424-3838) for 24/7 access VA's services for homeless and at-risk Veterans

[Homeless Veteran Chat](#) Confidential, 24/7 online support for homeless Veterans and friends

<https://www.va.gov/homeless> for more information

Cervical cancer screenings for women Veterans

January is Cervical Health Awareness Month. VA health care provides Women Vets with the option to receive gynecologic care, including cervical cancer screenings.

VA encourages you to talk to your primary care provider about cervical cancer testing because early detection can help save your life.

Blue Water Navy Benefits

As of Jan. 1, 2020, VA extends benefits to Veterans who served offshore of the Republic of Vietnam, or in the Korean Demilitarized Zone during a certain time period, are presumed to have been exposed to herbicides, such as Agent Orange.

Cancers we believe are caused by contact with Agent Orange

- **Chronic B-cell leukemia:** A type of cancer that affects your white blood cells (cells in your body's immune system that help to fight off illnesses and infections)
- **Hodgkin's disease:** A type of cancer that causes your lymph nodes, liver, and spleen to get bigger and your red blood cells to decrease (called anemia)
- **Multiple myeloma:** A type of cancer that affects your plasma cells (white blood cells made in your bone marrow that help to fight infection)
- **Non-Hodgkin's lymphoma:** A group of cancers that affect the lymph glands and other lymphatic tissue (a part of your immune system that helps to fight infection and illness)
- **Prostate cancer:** Cancer of the prostate (the gland in men that

helps to make semen)

- **Respiratory cancers (including lung cancer):** Cancers of the organs involved in breathing (including the lungs, larynx, trachea, and bronchus)
- **Soft tissue sarcomas (other than osteosarcoma, chondrosarcoma, Kaposi's sarcoma, or mesothelioma):** Different types of cancers in body tissues such as muscle, fat, blood and lymph vessels, and connective tissues

Other illnesses we believe are caused by contact with Agent Orange

- **AL amyloidosis:** A rare illness that happens when an abnormal protein (called amyloid) builds up in your body's tissues, nerves, or organs (like your heart, kidneys, or liver) and causes damage over time
- **Chloracne (or other types of acneiform disease like it):** A skin condition that happens soon after contact with chemicals and looks like acne often seen in teenagers. Under our rating regulations, it must be at least 10% disabling within 1 year of contact with herbicides.

Navy continued on page Four:



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Stockbridge-Munsee Tribal Offices
N8476 MohHeConNuck Road
Bowler, 54416
February 8th, 9th, 15th, 16th & 29th, 2020
March 1st, 7th & 8th, 2020

Please call Jerilyn or Jody at 715-793-4111 to schedule an appointment.




Gresham Scholarship Fund

19th Annual Banquet
Saturday March 28th, 2020
The Woodland Restaurant
Gresham, Wisconsin

Time: 4:30 P.M. Reception and Raffle Ticket Sales

Program: 6:00 P.M. Dinner
Michelle Carstensen - Gresham HS Graduate
(Class of 1992)

Please check one of the following:

- _____ Table Sponsorship
(\$675 total includes \$300 for table of eight and \$375 for sponsorship).
Sponsorships received by March 23rd will be listed in the program.
- _____ \$300 Table of eight
- _____ \$70 per Couple
- _____ \$35 Single
- _____ \$25 I would like to sponsor a graduate's Banquet meal.
- _____ I am unable to attend but would like to make a donation of \$_____

Name: _____

Company: _____

Mailing Address: _____

Address (cont.): _____ Telephone: _____

Reservations are on a first come first served basis. Reservations received by March 21st will be mailed, those received after that date will be held at the door.

Tickets for the event WILL NOT be available at the door; you must have a paid reservation by March 23rd.

Make checks payable to **Gresham Scholarship Fund** and mail to:

Gresham Scholarship Fund Banquet
P.O. Box 102
Gresham WI, 54128

Any questions - please contact: Bob Klopke (715) 787-3386



If you're interested in receiving an absentee ballot for voting come talk to me, Jamie Mattingly, or Mr. Bill Terrio & we can help sign you up online. (<https://myvote.wi.gov>)

Or if you'd like, the municipal clerk for the area will send you the sign-up paperwork if you call her.

The Municipal Clerk for Bowler Area:

Beth Grosskopf

Town of Bartelme - Shawano County
Phone: 715-793-4491
Email: bg6575@frontiernet.net
Mailing Address:
N7525 Maple Rd, Bowler, WI 54416-9451
***She's available after 4:00 PM**

Navy cont from page Three:

- **Diabetes mellitus type 2:** An illness that happens when your body is unable to properly use insulin (a hormone that turns blood glucose, or sugar, into energy), leading to high blood sugar levels
- **Ischemic heart disease:** A type of heart disease that happens when your heart doesn't get enough blood (and the oxygen the blood carries). It often causes chest pain or discomfort.
- **Parkinson's disease:** An illness of the nervous system (the network of nerves and fibers that send messages between your brain and spinal cord and other areas of your body) that affects your muscles and movement—and gets worse over time.
- **Peripheral neuropathy, early onset:** An illness of the nervous system that causes numbness, tingling, and weakness. Under our rating regulations, it must be at least 10% disabling within 1 year of contact with herbicides.

- **Porphyria cutanea tarda:** A rare illness that can make your liver stop working the way it should and can cause your skin to thin and blister when you're out in the sun. Under VA's rating regulations, it must be at least 10% disabling within 1 year of contact with herbicides.

If you have an illness you believe is caused by contact with Agent Orange—and you don't see it listed above

You can still file a claim for disability compensation.

You'll need to:

- Provide scientific and medical evidence that the condition is related to exposure to Agent Orange, **or**
- Show that the problem started during—or got worse because of—your military service

Scientific proof may include an article from a medical journal or a published research study.

What evidence will I need to provide to support my claim? You can help to support your VA disability claim by providing documents, such as:

- VA medical records and hospital records that relate to your claimed illnesses or injuries or that show your rated disability has gotten worse
- Private medical records and hospital reports that relate to your claimed illnesses or injuries or that show your disability has gotten worse
- Supporting statements, you'd like to provide from family members, friends, clergy members, law enforcement personnel, or those you served with that can tell us more about your claimed condition and how and when it happened or how it got worse.

Contact your Local Tribal or County Veterans Service Office for more information or help filing a claim.

Tribes cont from page One:

- Council Member Thomas Fowler, St. Croix Chippewa Indians of Wisconsin
- Chairman Louis Taylor, Lac Courte Oreilles Band of Lake Superior Chippewa Indians of Wisconsin
- Chairman Mike Wiggins, Jr., Bad River Band of the Lake Superior Tribe of Chippewa Indians
- President Joe Wildcat, Sr., Lac Du Flambeau Band of Lake Superior Chippewa Indians

In order to capture the full meaning of Chairman Daniels delivery, the rest of the address follows verbatim:

"I am thankful we have the opportunity and desire to come together to celebrate and strengthen the cooperative relationship between the state of Wisconsin and its 11 Native Nations.

As we begin, I want to recognize someone whose work embodied the purpose of today's address. Our Chief Judge, Eugene Whitefish, passed away in December. Fugie – as we called him – was the first judge elected when Potawatomi established our court system. He dedicated his career to ensuring a strong relationship between the state and tribes, and it is because of his efforts there is better coordination between the state and tribal courts. We are in a better place because of Fugie, and I know he is looking down on us smiling right now.

While the Forest County Potawatomi today have reservation lands in the Northwoods of Wisconsin, that is not our traditional treaty land. Like the other tribes in Wisconsin, the Potawatomi were forced off of their lands. The Potawatomi's traditional home in Wisconsin stretched from the Potawatomi Lighthouse and the Potawatomi State Park in Door County, south along Lake Michigan through Milwaukee, and just west to Walworth County near Big Foot Beach State Park - which is named after Potawatomi Chief Bigfoot. And our deep ties to those areas can still be seen today. Cities like Kenosha, Muskego, Waukesha, Sheboygan and Manitowoc are all derived from the Potawatomi language. So, when the Potawatomi talk about our "home", that is what we mean.

And something even more important than recognizing a tribe's traditional treaty land – is the recognition of tribal sovereignty. Through our status as individual sovereign nations, tribes are empowered to make decisions and act in ways that best serve our people. Tribal sovereignty is not something we have been granted, but something we have always

inherently held. While sovereignty is now expressed through treaties, court decisions, Congressional acts and other documents, tribes have been governing how their own people live, act and rule for countless generations. This inherent sovereignty is what we will work to preserve, protect and enhance for our future generations.

Like many of you sitting here today, I also know what it means to be an elected official and to serve as a representative for my people. As elected officials, we all share the same feelings of responsibility and duty. We pursue the best interests of our constituents, act as role models for future generations and serve in a variety of other ways too numerous to list. In these roles, we sacrifice considerable amounts of time, energy and resources. Thank you for your dedication in advocating for the public good. It is not easy. I am thankful for your efforts to champion solutions to address our various challenges, and for your dedication to improving our state. I know that it is easy to give up when faced with difficult problems. But we must not give complacency a home in which to grow and spread the poison of inaction.

The success of not only Wisconsin's Tribal Nations but of all residents of our state depends on our resilience in continuing to tackle critical issues. We must maintain a sharp focus on improving the lives of those we represent in this new decade as we grapple with the responsibility of addressing the complex challenges before us.

And there is no challenge more complex than that of the opioid epidemic. We are all well-aware of this problem as it has impacted every corner of our state. It has no regard for age, race, gender or income. It has likely impacted many of you sitting here today.

Unfortunately, I also know first-hand the pain and suffering this epidemic is causing families. And consequently, my wife and I are now raising some of our grandchildren.

Sadly, my story is not unique. Native communities across Wisconsin have been hit especially hard by the opioid epidemic. There are hundreds of other families like mine who are now caring for the young ones of relatives because of opioid addiction.

Opioids are tearing apart our communities. One by one, they are killing our people. They are leaving our families devastated and our young ones without parents. It should not be this way. We need to continue to work to stop this devastation.

That is why we are thankful Representative John Nygren and others who have been tenacious in their work supporting and advancing the HOPE Agenda. This series of legislative efforts has provided new tools for combating addiction for those who need it most. Several new HOPE Agenda bills have been making their way through the legislative process this session, and we look forward to seeing how they will continue to help address and combat addiction in our communities.

We also want to thank you for recognizing that a one-size-fits-all approach does not apply to substance abuse.

For Native communities, it is important that we provide treatment to our people while also healing them according to our cultural beliefs. Unfortunately, there are few places which can provide the treatment that our people truly need. So, for many years Wisconsin's tribes have been working to develop a youth wellness and treatment center. This facility is planned to be located centrally among our Native Nations and be a hub for children from all of Wisconsin tribes to receive treatment for addiction. We are grateful that the Legislature and Governor have come together to support this proposal by allocating gaming funds to continue the advancement of this project. This facility has the potential to do great things, and we hope that you will continue to work with us on this endeavor. Miigwetch.

We want to assure you that Wisconsin's Tribes take the struggle with opioid addiction in their communities' very seriously, and many are taking their own steps to address it.

For example, the Forest County Potawatomi Community has brought together key stakeholders from state and local agencies to share information and discuss ways to curb the trends of opioid addiction. We have provided additional funding to several law enforcement agencies to support their drug detection and enforcement efforts. And we have enhanced our own addiction-related services, so we can provide more resources to not only our tribal members, but the community at large.

And our investments haven't stopped at enforcement and treatment. We have made a conscious effort to focus on our tribal youth to make sure they are receiving a good education. We know that equipping children with a strong knowledgebase will help them to make better decisions in the future. This has been done

by working more closely with our local school districts, hiring additional tutors and guidance counselors, and getting our parents more involved in their children's education with better communication.

Ten years ago, the high school graduation rate among our tribal youth was around 60 percent. Today, I'm happy to say that now more than 90 percent of our tribal youth graduate high school, and in recent years we have even reached 100 percent.

But not all tribes have the same ability to provide this level support or treatment, so we encourage and ask that you to continue to invest in innovative strategies to provide both the needed enforcement and treatment for our Native communities. Our children and grandchildren will remember and thank you for the things you do on this issue today.

Unfortunately, opioids are not the only issues plaguing Native communities. Native women and girls are being exploited, trafficked and subjected to violence at disproportionately high rates.

This is a serious issue and something we cannot afford to turn our eyes from. The harm caused by these devastating acts leave lasting impressions on not only the victims, but also their families and their communities. We need to address the threat and problems posed by human trafficking.

In fact, in an acknowledgement to the severity of the issue, President Trump recently launched a White House task force lead by Attorney General Barr to quote "address the issues that underlie this terrible problem, and work with our tribal partners to find solutions, raise awareness, and bring answers and justice to the grieving."

On the state level, we are thankful for the efforts of Senator Janet Bewley and Representatives Jeff Mursau, Amanda Stuck, Beth Meyers to create a state taskforce on murdered and missing tribal women and girls. Thank you for your work and advocacy on this important issue.

We encourage you to include missing and murdered Native women and girls when advancing any human trafficking legislation. Please know that Wisconsin tribes stand ready and willing to work with you to help tackle this critical issue.

But I'm not here to only tell you about the concerns of our Native communities, I also want to make sure you know about the MANY great things that are happening because of Wisconsin's tribes.

Tribes continued on page Six:

Tribes cont from page Five:

We are far more than just the operators of casinos. We also own and operate a multitude of successful businesses that provide unique and important benefits for people across our state and country. This includes:

- Construction management and engineering companies
- Cybersecurity firms
- Industry-leading forest products companies
- Telecommunication companies
- Data centers,
- Financial institutions
- And agricultural businesses.

We are among the state's largest employers. We employ thousands of Wisconsin residents, and are the largest employers in many of the counties where we are located.

Our enterprises help bring millions of dollars and thousands of residents to different parts of Wisconsin. We provide real careers for the residents of our communities and provide them with family supporting wages and benefits.

But we also face the same struggles as many other businesses across Wisconsin. While the state is enjoying a historically low unemployment rate, there is also a workforce and housing shortage that is having a significant impact on our businesses and government operations. The supply and affordability of housing has become a challenge for tribes to attract and expand our businesses. We are pleased that the Legislature and Governor are working to address this issue and hope to see those efforts continue.

While it can be hard to get people to move to and provide services in rural Wisconsin, connecting them can help. Broadband is one of the tools driving development and one of the most effective ways to build opportunity. Internet access can drive innovation and growth in Wisconsin's rural areas.

Thank you for recognizing this and investing in broadband expansion. We applaud those efforts and encourage you to be diligent in finding more ways to encourage expansion. We need to give our future generations every advantage in developing solutions to the problems of tomorrow, and ensuring reliable broadband access is one key to achieving that goal.

I cannot leave here today without touching on a subject that is central to the beliefs of my people and all of Wisconsin's tribes. Our traditional values teach us to respect all living things, to take only what we need from Mother Earth, and to preserve the air,

water, and soil for our children and grandchildren. There might not be anything more important than ensuring the sustainability of our most precious and valuable natural resources for future generations.

In the words of our elders and leaders before us:

"I pray to the Creator that we look back so that we may see ahead. Let us examine our lives so that we are respectful to our fellow human and to nature. Let us respect our children, and above all, let us live our lives in accordance with our beliefs."

These words guided the Potawatomi on our two-decade effort working with both Democrat and Republican Presidents and Governors to provide increased protections for the quality of air in and around our reservation lands. And because of that, we KNOW that our children are breathing the cleanest air possible.

But we must do more to ensure a sustainable future for the next generation - we must take steps to address the effects of climate change. It is something that cannot be ignored.

Thank you, Gov. Evers, for establishing the Task Force on Climate Change. We look forward to working with Lt. Gov. Barnes, Senator Mark Miller and Representatives Mike Kuglitsch and Greta Nuebauer and all the members of the Task Force to help find meaningful strategies to help mitigate the effects of climate change.

We are also glad that you have highlighted the importance of clean water by declaring 2019 as the Year of Clean Drinking Water and acted through the Speaker's Task Force on Water Quality. Ensuring clean, safe water is not a partisan issue but something that people from both sides of the aisle can agree upon. We are thankful for the work that was done by Representatives Todd Novak, Katrina Shankland and all the other legislators who worked on the Speaker's Task Force on Water Quality. However, there is more - ALWAYS MORE - to be done to ensure there is clean air, water and soil for future generations.

As we begin this new decade, let us look to the future with hope, optimism and a steadfast determination to continue the pursuit of progress. The good news is that you are not alone in your efforts to shape the future. You have partners in Wisconsin's Tribes. We must work together and collaborate on solutions to the problems of today. There is common ground between us, we just need to act with a mindset of communication and understanding



Governor Evers, Stockbridge-Munsee President Shannon Holsey, and Onieda Nation Chairman Tehassi Hill meet with other Tribal leaders at the Great Lakes Inter-Tribal Council meeting the morning after the State of the Tribes address.

to find where it is. By doing so, we will continue to move Wisconsin Forward.

Thank you for all that you have done and will continue to do to help not only Native communities, but everyone in Wisconsin.

It has been an honor addressing

this body. I am appreciative to have had the opportunity to give my perspective on the struggles, fears, opportunities and triumphs experienced by Wisconsin's Tribal Nations. The actions we take today will ensure future generations have the tools they need to thrive in tomorrow's society."



Mohican Veteran Gregg Duffek, (center) carried in the Mohican Veterans Eagle staff as the Veterans and a drum circled the Capital Building



Chris Caldwell (Left), Director of the Sustainable Development Institute, pictured here with Dr. Alpha Creapeau and Stockbridge-Munsee Financial Accounting Manager Cindy Creapeau, started the program off and introduced the main speaker.

Grant cont from page One:

Stockbridge-Munsee Community, was in attendance. Dr. Creapeau said, "This is a wonderful project for students to learn the career opportunities that a college or technical degree will afford them. The cost of higher education makes it difficult for students to complete a degree or diploma. This project will aid the students who take advantage of it, to make decisions that will not only improve their path to earning a living wage, but also to give them the knowledge to continue their education. As for the

business and tribal departments it is win-win situation for future employees and to help a student decide on a career path. I will be working with my departments to seek students to come intern or job shadow with us to see what is of interest to them."

Staff at the College of Menominee Nation will provide career advising and develop resources for students to explore different career options. The College Fund is committed to helping the College of Menominee Nation successfully implement this project.



2020 WILLS CARAVAN

Brought to you by Wisconsin Judicare, Inc. and Law Students from University of Wisconsin-Madison and Columbia University

Attorneys and Law Students will be at the following location to assist any tribal member who wants to draft a will, powers of attorney, and/or other basic estate planning services for **FREE**.

Please call ahead to set up an appointment!

Stockbridge-Munsee And Menominee

FRIDAY, MARCH 20th 2020

North Star Mohican Casino Resort

Event Center

W12180 Co Rd A

Bowler, WI 54416

To set up an appointment please contact

Wisconsin Judicare @ **715-842-1681**

and ask to speak with Kendra about the "Wills Caravan"



Sponsored by the Stockbridge-Munsee Community Health Department

TIME TO BUMP SET SPIKE!

CO-ED QUAD

MOHICAN VOLLEYBALL TOURNAMENT

MARCH 21ST 2020

NEW THIS YEAR- Two divisions, Competitive and Just for Fun

Max of 20 teams

Teams must be signed up by March 13th . Because of the growing interest in this event we are moving it to Bowler High School.

This is a Co-Ed Quad tournament therefore you need at least 2 females playing at all times. The tournament will be set up in double elimination bracket form.

Concessions will be available for purchase

Play will begin at 9:00 AM.

Please contact Warren to sign up your team at 715.793.5064.



WE WANT YOUR FEEDBACK!



COME SHARE YOUR THOUGHTS AND IDEAS

Wisconsin Native American Tobacco Network(WNATN) wants your feedback!

WNATN is committed to continuous improvement in tribal communities, we'd like to hear from you about your community's goals, needs, priorities for WNATN outreach activities; therefore, you're invited to the following listening session and to register to win some door prizes!

**MOHICAN FAMILY CENTER
N8605 OAK STREET BOWLER WI 54416
TUESDAY MARCH 3RD, 2020
3:00-6:00PM LIGHT MEAL PROVIDED**



Following a tobacco teaching from an elder, the floor will be open for your ideas and requests related to new school programs, healthy air policy initiatives, strategic partnership opportunities, effective prevention messaging, and preserving tobacco traditions.

If you cannot attend this listening session but still want to submit ideas or volunteer with us, please contact your tribes WNATN Representative:

Vera(Judy) Heubel Community Health Outreach Director

Email: vera.heubel@mohican.com

Phone: 715.793.5060

Learn more about WNATN by visiting <http://glitc.org/programs/wnatn/> or [FB.me/WNATN](https://www.facebook.com/WNATN).



Workshop Dates

WIOA Information Session

Date: March 11, 2020

Time: 8 a.m. to 12 noon

Resume Writing & tips

Date: Mar. 3, 19, 24, 2020

Time: 1:30 to 2:30 pm

How to View Your

Credit Report

Date: Mar. 5, 9, 26, 2020

Time: 1:30 to 2:30pm

March

Skill Building Workshops

Event Descriptions:

Gain information about how the WIOA Program may be able to assist you with reaching education & employment goals. Come on in for some tips on Resume Writing. Create your resume with ResumeGig (a great online resource) or polish up your old one. Learn How to View Your Credit Report confidentially online for free. Whether you're applying for a job or for a loan, you want the information contained in your report to be accurate.



A proud partner of the
AmericanJobCenter
network

Where: Stockbridge-Munsee Education Building

Address: W13347 Camp 14 Rd. Bowler, WI

Contact Information:

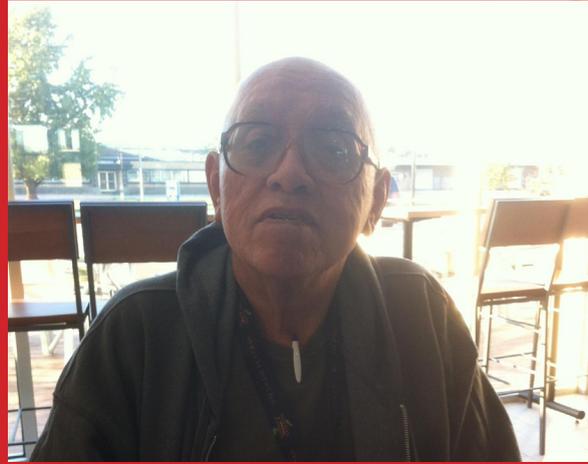
Mike Wilber, Resource Room Specialist
715-793-4582

Workshops can be tailored to meet your needs. Call Mike Wilber, Resource Room Specialist, at 715-793-4582 to set up an individualized workshop and time that fits your schedule.

2019 MEMORIALS



Ellen E Burr 06/25/69-02/03/19



Carl Cecil Cannon 06/15/49*10/20/19



Christine Skenandore 12/05/84-11/02/18



Dianne Elizabeth Miller 06/25/55-10/31/18



Enid Blythe Tousey 02/27/32-12/15/18



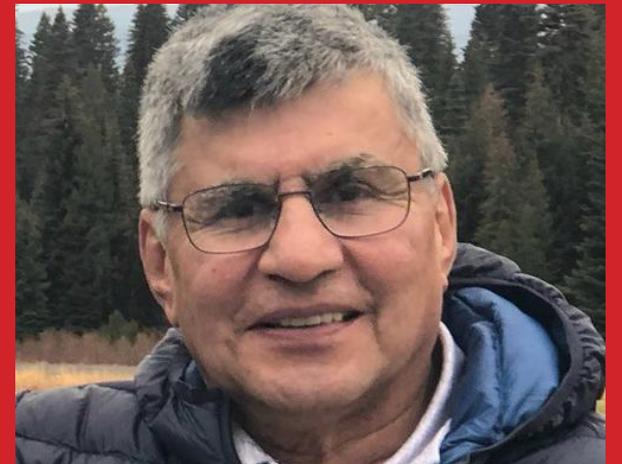
Dallas Coats 08/05/43-12/29/19



Doreen Metzger 11/24/19



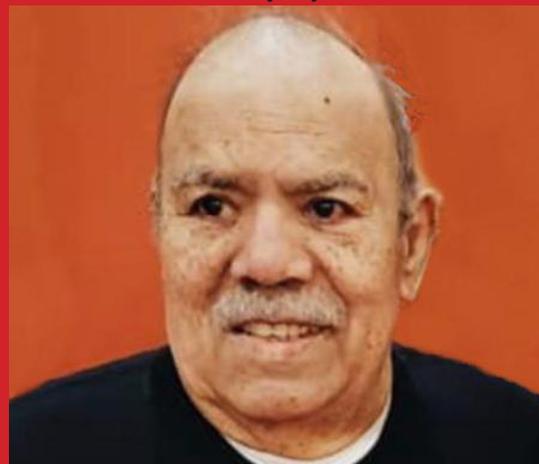
Dorothy Nycum



Norbert Millert 07/25/52-12/26/19



Oleyna M Gardner 01/17/68-01/27/19



Neil L Muncie Jacobs 08/16/44-04/03/19



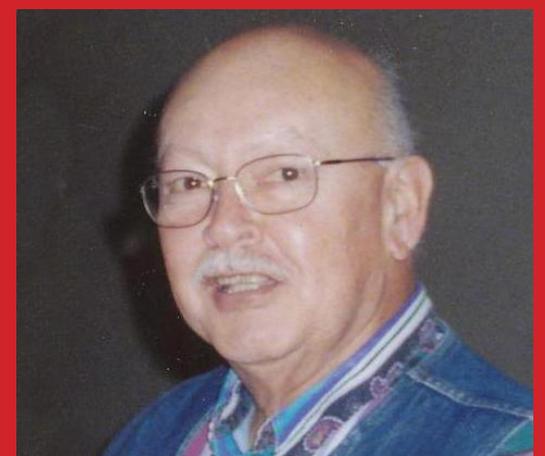
Donald Mucka LeRoy Sr. 02/28/57-01/23/19



Charleen Malone 02/26/59-11/07/19



Evon E. Malone 03/25/87-01/15/19



Ronald E. Martin 02/18/40-04/23/19

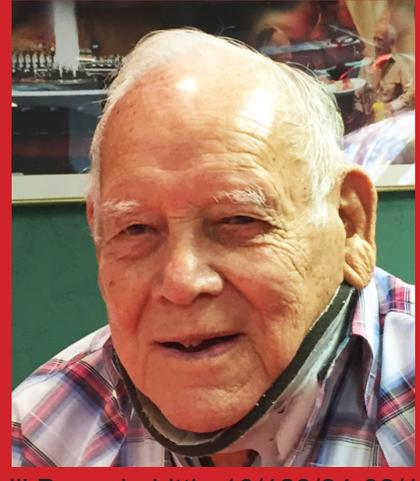
2018 MEMORIALS



Waldo L. Buck Martin 08/25/46-11/18/19



Marvin C. Denny 01/08/46-03/27/19



Merrill Brownie Little 10/123/24-02/10/19



Michael Martin Gumm 02/03/57-02/27/19



Donnie Miller 07/12/49-08/22/19



Robert B. Miller 10/19/29-10/16/19



Elda Marie Vele 04/29/32-07/04/19



Ernestine E. Murphy 11/05/21-02/10/19



Pastor Joel Schlachten-



Patsy Joan Delgado 01/03/36-07/07/19



Dana A. Sonny Price 02/12/53-10/06/19



Michael Frank Rudesill 07/29/37-09/18/19



No pictures available for these people

Peter M. Miller 04/23/44-01/04/19

Alice Swanson 05/26/47-06/15/19

Left picture Kenneth W. Welch 09/02/40-12/06/19

Right picture, Rhonona Vasquez 05/10/49-10/04/19





On Thursday, February 20, 2020, the Stockbridge-Munsee Tribal Council held a Rescheduled Regular Tribal Council Meeting and at that time the following actions were taken:

Roll Call:

Shannon Holsey; Present
Jolene Bowman; Present
Terrie Terrio; Present
Jeremy Mohawk; Present
Martin Welch; Present
Marv Malone; Present
Craig Kroening Jr.; Present

APPROVAL OF AGENDA-

(3) Executive Session Items

Motion by Terrie K. Terrio to approve the Rescheduled Regular Tribal Council Meeting agenda, of Thursday, February 20, 2020, with the three additions to executive session. Seconded by Jeremy Mohawk. Motion carried.

OPEN AGENDA (7:00 PM/ Conclusion of Agenda)-

There were no questions or concerns brought up during Open Session.

MEETING MINUTES-

Motion by Jeremy Mohawk to approve the Regular Tribal Council Meeting minutes of Tuesday, February 4, 2020. Seconded by Martin Welch.

Roll Call: Jeremy yes, Marv yes,

Jolene abstain, Terrie yes, Martin yes and Craig yes

Vice President Bowman abstain as she was on NIEA travel. Motion carried.

DONATIONS: Relay for Life of Shawano-Menominee, American Cancer Society-Gary Burr

Motion by Terrie K. Terrio to approve a donation to the Relay for Life of Shawano-Menominee County. Seconded by Jeremy Mohawk. Motion carried.

RESOLUTION: USDA RECONNECT LOAN McDonald, CIO

Motion by Terrie K. Terrio to adopt resolution 039-20, be it further resolved, the Tribal Council authorizes Shannon Holsey, President, the assigned Representative-Signature-Certifier Security role on behalf of the Tribe and shall be responsible for providing signatures, authorizing certifications, entering/ updating applications, submitting applications for consideration and assigning access to new users in the USDA's ReConnect Program Online Application System. If application(s) are awarded, the Representative-Signature-Certifier security role

on behalf of the Tribe, shall also be responsible for authorizing certifications, entering/ updating compliance reports, submitting compliance reports, and assigning access to new users in USDA's Online Financial Reporting and Compliance System; AND BE IT FURTHER RESOLVED, that Brian McDonald, CIO of the Tribe, have the assigned Administrator security role on behalf of the Tribe, who shall be responsible for assigning access to new users and entering/ updating applications in USDA's ReConnect Program Online Application System. If application(s) are awarded, the Administrator security role on behalf of the Tribe, shall also be responsible for assigning access to new users and entering/ updating compliance reports in USDA's Online Financial Reporting and Compliance System; AND BE IT FURTHER RESOLVED, that the Representative-Signature-Certifier and Administrator for the Tribe shall comply fully with all security procedures and policies of the ReConnect Program Online Application System and USDA's Online Financial Reporting and Compliance System. Seconded by Jeremy Mohawk. Motion carried.

RESOLUTION: Walgreen's Contract-Andrew Miller, Clinic Director

Motion by Terrie K. Terrio to adopt resolution 040-20, BE IT FURTHER RESOLVED, that

the Tribal Council hereby grants and approves a limited waiver of the Tribe's sovereign immunity solely for the limited purpose of implementation of this agreement, including the resolution of disputes and the enforcement

of determinations or awards, against the Tribe; and BE IT FINALLY RESOLVED, that the waiver of sovereign immunity for the Tribe is also limited to the terms and conditions set forth below:

The limited waiver of the Tribe's sovereign immunity is granted only to and for the benefit of the parties identified as part of the agreement(s) that the Tribe has executed and shall not extend to any other entity or person.

The limited waiver of the Tribe's sovereign immunity contained in this Resolution shall be effective only after the parties' officially designated representatives have executed the agreement(s) and shall only be for the term of the agreement(s).

Nothing contained in this Resolution shall be deemed consent to levy of any judgment, lien, or attachment upon any property or interest in property held in trust by the United States for the benefit of the Tribe or owned by the Tribe in fee subject to restrictions by the United States against alienation, or against any funds obtained by the Tribe from the United States for the provision

Directives cont on pg Thirteen:

Gardening Classes

Mohican Family Center

12:00-1:00pm

RSVP to Kellie Zahn, Agriculture Agent, at 715-793-3031 or kellie.zahn@mohican.com 1 week before the class



March 10th
Seed Starting:
Onions,
Peppers &
Tomatoes

April 14th
Seed Starting:
Cucumbers,
Broccoli &
Squash

May 12th
Container
Gardening
Pots, soil, and
seeds provided

2020 Summer Youth Work Experience Program

Stockbridge-Munsee Education and Career Services

When: Summer Youth will start **June 15th** and end by **August 21st, 2020**

Where: Stockbridge-Munsee Community

Who is Eligible: Stockbridge-Munsee enrolled youth who are between the ages of 14-18 as of June 15th. Also, direct descendants may participate if their established residency for the 19/20 school year was within the townships of Bartelme or Red Springs, excluding Middle Village and including Bowler and Gresham. This means direct descendants must submit the last report card received with home address on it, with application to be considered.

If new to the program the youth **MUST** submit proof of enrollment or descendant verification

Activities: Skill-building Workshops, Community Services and Work Experience components

Applications available: S/M Education Office, at Bowler School, Harold Katchenago, Jeff DePerry or Abby Behnke and Gresham School, Nancy Buettner .

Deadline: Completed applications **must be dated** as received by Education Office staff no later than **Thursday, May 7th, 2020 at 3:00 p.m. NO EXCEPTIONS!!**



W13447 Camp 14 Road
P.O. Box 70
Bowler, WI 54416

Phone: 715-793-4353
or 715-793-4100
Fax: 715-793-4830
joann.schedler@mohican-nsn.gov



COMMUNITY LUNCHEON

Wednesday, March 11th 12:00-1:00PM at the Stockbridge-Munsee Health & Wellness Center in the Lower Level Conference Room.

NATIONAL NUTRITION MONTH

Join us as we discuss the benefits of eating nutritious foods and the programs we have available in our area, including From The Earth Farm and the Community Supported Agriculture Program.

Featuring **Casey Rosenberg, RD and Kellie Zahn, Ag Agent.**

LUNCH PROVIDED



Please RSVP by March 6th to Casey R. at 715.793.5006.

Sponsored by the Stockbridge-Munsee Community Health Department/ Diabetes Program



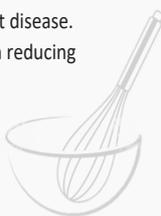
March Fruit & Vegetable of the Month: Fennel

WHAT IS FENNEL?

Fennel is an upright perennial herb/vegetable that has a white bulb, green stems, and foliage sprouts. When raw, fennel has a mild black licorice flavor, but when cooked it can be sweet, savory, or flavorful depending on the spices, herbs, or marinades used while cooking. The entire vegetable is edible- the stalks can be cooked the same way as the bulbs and the fronds can be used to garnish dishes when chopped up. Fennel is great for roasting in the oven, along with being a delicious addition to soups and pastas.

NUTRITIONAL INFORMATION:

- Excellent source of Vitamin C, which is important for immune health, tissue repair, and collagen synthesis.
- Excellent source of folic acid. Folic acid helps your body produce and maintain new cells and helps prevent changes to DNA that may lead to cancer.
- Contains no fat and has a low amount of sodium and calories.
- Abundant source of phytonutrients. Phytonutrients offer antioxidant properties.
 - One phytonutrient present, *Anethole*, reduces both inflammation and the risk of cancer.
- Great source of potassium, which helps reduce blood pressure and the risk for heart disease.
- Great source of magnesium, calcium, dietary fiber, and other nutrients that assist in reducing the risk of heart disease.



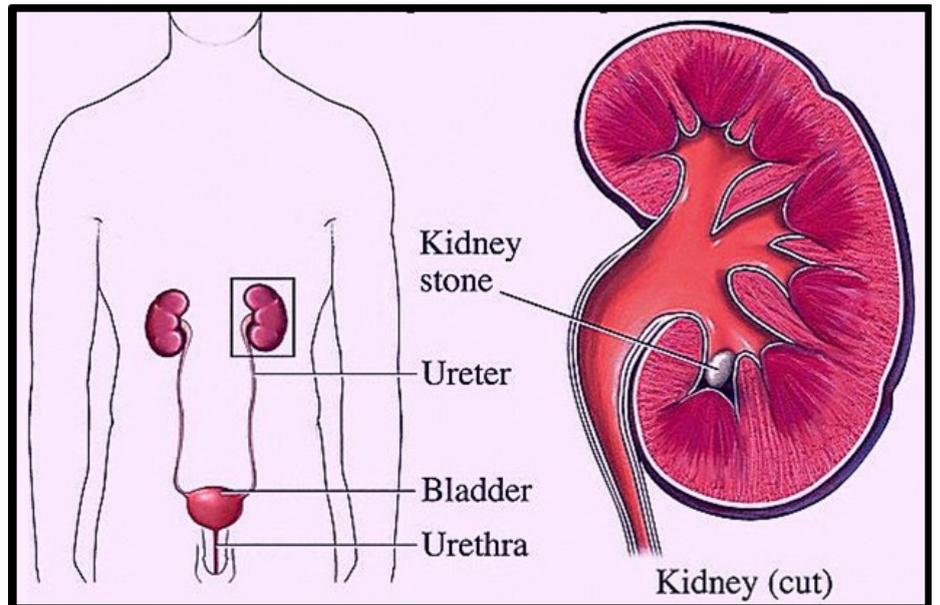
RECIPE: BALSAMIC ROASTED FENNEL AND CARROTS

Ingredients:

- 1-2 Fennel bulbs
- 3 Large carrots
- 2 Tbsp Red Wine Vinegar
- 2 Tbsp Balsamic Vinegar
- 1 tsp Lemon Juice
- 2 Tbsp Olive oil
- ½ tsp Garlic powder
- Salt, pepper, and additional seasonings to taste.

Directions:

1. Preheat oven to 425° F.
2. Remove top stems and leaves from bulb.
3. Cut fennel bulb in half, then cut each half into 4 thin half-moon slices.
4. Peel and chop carrots into long matchsticks
5. In a small bowl, combine vinegars, lemon juice, garlic powder, salt and pepper. Toss with fennel and carrots.
6. Spread mixture on sheet pan. Bake for 20 minutes, flip vegetables, then roast for 20-25 or until golden brown. Enjoy!



MARCH IS NATIONAL KIDNEY MONTH

American Indians and Alaska Natives are at greater risk for kidney disease and kidney failure than White Americans. In fact, American Indians and Alaska Natives are 50% more likely to have kidney failure compared to White Americans.

Researchers do not fully understand why American Indians and Alaska Natives are at a higher risk for kidney disease. However, American Indians and Alaska Natives are twice as likely as White Americans to have diabetes, and diabetes is the leading cause of kidney disease. High blood pressure, diet, obesity, and access to healthcare may also play a role.

What is kidney disease?

Healthy kidneys have many important jobs. They remove waste products and extra water from your body, help make red blood cells, help keep your bones healthy and help control blood pressure. When you have kidney disease, kidney damage keeps the kidneys from doing these important jobs the way they should. Kidney damage may be due to a physical injury or a disease like diabetes, high blood pressure, or other health problems.

If you have kidney disease, you may need to take medicines, limit salt and certain foods in your diet, get regular exercise, and more. Finding and treating your kidney disease early can help slow or even stop kidney disease from getting worse. But if your kidney disease gets worse, it can lead to kidney failure. If your kidneys fail, you will need dialysis or a kidney transplant to stay alive.

What to do?

Not all American Indians and Alaska Natives will get kidney disease. And not everyone who has diabetes, high blood pressure, heart disease, older age, or a family history of kidney disease will get it. But if you have any of these risk factors you should:

- Get tested for kidney disease. There are two simple tests for kidney disease:
 - A simple urine test checks to see if you have protein in your urine. Your body needs protein. But it should be in the blood, not the urine. Having a small amount of protein in your urine may mean that your kidneys are not filtering your blood well enough. This can be an early sign of kidney disease.

- A simple blood test for GFR, which stands for glomerular filtration rate. Your GFR number tells you how well your kidneys are working. The lab estimates your GFR using a simple blood test called creatinine (a waste product), along with your age, race, and gender.

- Get tested for diabetes, high blood pressure, and heart disease. If you don't know whether you have diabetes, high blood pressure, or heart disease, it's important for you to find out.

- Live a healthy lifestyle. Be sure to exercise, eat a healthy diet, lose weight if needed, avoid smoking, and limit alcohol. A healthy lifestyle can keep you from getting kidney disease, and it can also help slow or stop kidney disease from getting worse.

Courtesy of the Nation Kidney Foundation



Education and Career Services
College Internship

What: The program gives undergraduate students practical work experience while gaining skills and building networks with potential employers and professionals in their fields. The College Intern is **paid \$20/hr.**

This College Internship is available because Mr. Richard Edward Dwyer donated funds from his Living Trust to the Stockbridge-Munsee Community. On June 17th, 2014, the Tribal Council adopted a Proclamation in his honor to celebrate a man who understood our history and to honor the memory of Mr. Dwyer, the Tribal Council proclaimed the funds to be used for Education.

When: Internship Program will start **June 3rd** and end **August 7th, 2020.**

Where: Stockbridge Munsee Community

Who is Eligible: Stockbridge-Munsee enrolled members who are enrolled full-time in an accredited/certified institution are eligible to apply for an internship placement. The earliest a student may intern is after completing at least 12 credits with a minimum cumulative grade-point average of 2.0. All applicants **MUST** submit proof of Stockbridge-Munsee enrollment, proof they are enrolled in classes for the upcoming semester, and provide a grade report from the most recent completed semester.

Applications available: Stockbridge-Munsee Education Office

Deadline to Enroll: Completed applications **must be dated** as received by Education Office staff no later than **Thursday, MAY 7th, 2020 at 3:00p.m. NO EXCEPTIONS!!**

The Internship placements are limited and held on a first come first serve basis. Any applications missing required materials **WILL NOT** be considered if the deadline has passed.



W13447 Camp 14 Road
P.O. Box 70
Bowler, WI 54416

Phone: 715-793-4353 or
715-793-4100
Fax: 715-793-4830
joann.schedler@mohican-nsn.gov

Stockbridge Munsee Community

Electa Quinney Head Start

Pre-school program for children ages 3-5 years old

Now Accepting Applications for

2020/21 School Year



Children must be 3 years old on/before September 1, 2020

Priority is given to Stockbridge Munsee and Tribal Families;

Families must meet Federal Income Guidelines

Head Start is also open to ...

Children with Special Needs ♦ Homeless Children ♦ Children in Foster Care



Give Your Child a Head Start

Breakfast & Lunch

Safe & Interactive environment

School Readiness Skills

Cultural Activities

Socialization

Parent Engagement Experiences



Applications can be acquired by: Calling: 715-793-4993

They are available through the mail or email

Application Deadline June 19, 2020

Pick one up at Head Start: W13429 Cherry St. Bowler, WI

Office Hours: Monday-Friday, 7:00 a.m.—3:00 p.m.

Stockbridge Munsee Head Start does not discriminate based on disabilities.

A proud partner of the
AmericanJobCenter[®]
network

Education & Career Services for Adult Learners
W13447 Camp 14 Rd
Bowler, WI 54416
Phone: 715-793-4582
Fax: 715-793-4830
Hours of Operation: Monday - Friday 8am-4:30pm



SUN	MON	TUES	WED	THU	FRI	SAT
1	2  8:30 to 11:30	3 Resume Writing and tips 1:30pm-2:30pm	4	5 How to view your Credit Report 1:30pm—2:30 pm	6	7
8 	9 How to view your Credit Report 1:30pm—2:30 pm	10	11 WIOA Informational Session 8 am—12 noon	12	13	14
15	16  OFFICE CLOSED	17  St. Patrick's Day	18	19 Resume Writing and tips 1:30pm—2:30pm	20	21
22	23	24 Resume Writing and tips 1:30pm-2:30pm	25	26 How to view your Credit Report 1:30pm-2:30pm	27	28
29	30	31				

Directives cont from page Ten:
of governmental programs and services by and through a federally approved contract or agreement with the United States, funds held in trust for minors, incompetents, or for burials, and funds held in escrow.

The limited waiver of sovereign immunity granted and approved through this Resolution does not waive the sovereign immunity of any official, employee, member or agent of the Tribe.

Any dispute resolution action against the Tribe, as consented to through this limited waiver of sovereign immunity, shall be brought in the form and venue identified in the agreement(s). The law to be applied, if no law is otherwise identified, shall be federal law. Seconded by Craig Kroening, Jr. Motion carried.

GEOTHERMAL WELL SITE-Andrew Miller, Clinic Director

Motion by Terrie K. Terrio to approve the recommendation for the Health Center director to go along with the location number one for the geothermal wells near the clinic. Seconded by Craig Kroening, Jr. Motion carried.

GM, CASINO, BINGO & PINE HILLS FINANCIALS-Michael Bonakdar, GM

Motion by Terrie K. Terrio to approve the GM's Monthly Report for December 2019, the Casino Financials for December 2019, the Bingo Financials for December 2019 and Pine Hills Financial for December 2019. Seconded by Martin Welch.

Roll Call: Jeremy abstain, Marv yes, Jolene yes, Terrie yes, Martin yes, and Craig yes. Motion carried.

FY 2020 CAPITAL REQUEST RICOH PRODUCTION MACHINE REPLACEMENT-Michael B.

Motion by Terrie K. Terrio to approve the 2020 Capital request for the Ricoh Production Machine Replacement in an amount not to exceed \$65,500.00 though Wisconsin Imagining. Seconded by Jeremy Mohawk. Motion carried.

ADMISSION AND OCCUPANCY POLICIES FOR LOW-INCOME HOMEBUYERS-Randy Young, Housing Director

Motion by Jolene Bowman to approve the Admission and Occupancy policies for the Low-Income Buyers Program, as recommended by the Housing Director and reviewed by the Mohican Housing Board. Seconded by Marv Malone. Motion carried.

Motion by Jolene Bowman to approve the Low-Income Rental Program, as recommended by the Housing Director and Mohican Housing Board. Seconded by Jeremy Mohawk.

Motion maker amends motion: under Tenant Selection a, the following needs to be added after Elders, and near elders and under

b strike Community, add Disabled, followed by, have first preference for one (1) bedroom apartments. Second concurs. Motion carried. Motion by Jolene Bowman to approve the Maintenance and Inspection Policies for Low-Income Rental Program, as recommended by the Housing Director and reviewed by the Mohican Housing Board. Seconded by Jeremy Mohawk. Motion carried.

JOB DESCRIPTION: Agriculture Program Assistant-Todd VanDenHeuvel-Director of Human Resources

Motion by Terrie K. Terrio to approve the Agriculture Program Assistant for posting for the 2020 season. Seconded by Jeremy Mohawk. Motion carried.

SOLID WASTE AND RECYCLING REIMBURSEMENT SOP-Amanda Stevens, CFO

Motion by Terrie K. Terrio to approve the Standard Operating Procedure # EN-02-20.00 as presented with an implementation date of March 1, 2020. Seconded by Martin Welch.

Roll Call: Jeremy yes, Marv yes, Jolene no, Terrie yes, Martin yes and Craig yes. Motion carried.

FINANCE POLICY 9.2 (Payment to Community Employees)-Amanda Stevens, CFO

Motion by Jeremy Mohawk to approve the Finance Policy 9.2 as presented, with a start date of April 2, 2020. Seconded by Martin Welch. Motion carried.

TRAVEL POLICIES-Amanda Stevens, CFO

Motion by Martin Welch to approve the Travel Policies, with an effective date of March 1st, 2020. Seconded by Craig Kroening, Jr. Motion carried.

REQUEST FOR ENROLLMENT LIST-YOUTH-Tammy Pecore, Education Program Specialist

Motion by Martin Welch to approve sending the Education Office, Education Program Specialist an updated Youth Enrollment List (ages 3-25) at the end of each quarter for the calendar year 2020. Seconded by Terrie K. Terrio.

Roll Call: Jeremy yes, Marv yes, Jolene abstain, Terrie yes, Martin yes and Craig yes, Motion carried.

WDNR SUMMER TRIBAL YOUTH PROGRAM-Randall Wollenhaupt, Ecology Dept. Manager

Motion by Terrie K. Terrio to approve the 2020 DNR Summer Tribal Youth Program Grant Proposal and accompanying resolution, number 041-20, now therefore be it resolved, the Tribal Council authorizes the submittal of the 2020 Tribal Summer Youth Program to the Wisconsin Department of Natural Resources. The Tribal Council further authorizes that an in-kind match will be provided, which is made up of tribal staff salary and fringe benefits, tribal vehicle costs, and tribal equipment costs over the

grant period. Seconded by Jeremy Mohawk. Motion carried.

USE OF TRIBAL SEAL ON MAWIGNACK PARK SIGN-Bonney Hartley, Historic Preservation

Motion by Terrie K. Terrio to approve the use of the Great Seal on the sign for Mawignack Preserve, Catskill, NY. Seconded by Jeremy Mohawk. Motion carried.

POSITION ON PIPELINE E37-Bonney Hartley, Historic Preservation

Motion by Terrie K. Terrio to go along with Option 2, to reject the revised plans and oppose the Pipeline no matter what, as direction for Historic Preservation on the E37 Pipeline. Seconded by Jeremy Mohawk. Motion carried.

BOARD/COMMITTEE MEETING MINUTES: Land Committee (Committee Member)

Motion by Terrie K. Terrio to accept the recommendation of the Land Committee and approve the application of assignment for Alice Demjen, which reads: W $\frac{1}{2}$ SE $\frac{1}{4}$ SW $\frac{1}{4}$ NW $\frac{1}{4}$ of Section 10 T.28N-R.13E Bartelme. Approx. 5 acres. Seconded by Martin Welch. Motion carried.

Motion by Terrie K. Terrio to accept the recommendation of the Land Committee and approve the application of assignment for Mark Miller, which reads: E $\frac{1}{2}$ SW $\frac{1}{4}$ NW $\frac{1}{4}$ NW $\frac{1}{4}$ of Section 4 T.28N-R.13E Bartelme. Aprox. 5 acres. Seconded by Jeremy Mohawk. Motion carried.

SELECTION OF BOARD/COMMITTEE MEMBERS: Investment Committee

Motion by Jolene Bowman to appoint Alpha "Pet" Creapeau to the Investment Committee. Seconded by Jeremy Mohawk. Motion carried.

EXECUTIVE SESSION:

Motion by Jolene Bowman to go in Executive Session.

Seconded by Jeremy Mohawk. Motion carried at 5:52 PM.

Motion by Jolene to come out of Executive Session.

Seconded by Jeremy Mohawk. Motion carried 6:12 PM

While in Executive Session discussion was held a health center issue, a tribal member request and well and septic request.

Motion by Terrie K. Terrio to approve the recommendation of the Health Center Director and Tribal Administrator, as discussed in Executive Session. Seconded by Jeremy Mohawk. Motion carried.

Motion by Martin Welch to approve the reapplication as presented in Executive Session. Seconded by Jeremy Mohawk.

Motion maker amends motion to include: the waiver of the policy as discussed. Second concurs. Motion carried.

Motion by Terrie K. Terrio to grant a waiver of the emergency

well and septic program, for an enrolled member in need and to ask the President to facilitate the correction necessary. Seconded by Jeremy Mohawk. Motion carried.

ADJOURNMENT-

Motion by Jolene Bowman to adjourn. Seconded by Terrie K. Terrio. Motion carried at 6:14 PM.

On Monday, February 24, 2020, the Stockbridge-Munsee Tribal Council held a Special Tribal Council Meeting and at that time the following actions were taken:

Roll Call:

Shannon Holsey;	Present
Jolene Bowman;	Present
Terrie Terrio;	Present
Jeremy Mohawk;	Present
Martin Welch;	Present
Marv Malone;	Present
Craig Kroening Jr.;	Present

APPROVAL OF AGENDA-

Add: Red Shawl Gala Table Donation

Motion by Jolene Bowman to approve the agenda with the addition. Seconded by Jeremy Mohawk. Motion carried.

RESOLUTION: 2020 CTAS GRANT APPLICATION

Motion by Jolene Bowman to adopt resolution 041-20, **NOW THEREFORE BE IT RESOLVED**, that the Stockbridge-Munsee Tribal Council authorizes the submission of the FY2020 Coordinated Tribal Assistance grant application to the U.S. Department of Justice requesting \$470,309 for Purpose Areas 3 Tribal Justice Systems Program (BJA) and 9 Tribal Youth Program (OJJDP) **BE IT FURTHER RESOLVED**, that the Stockbridge-Munsee Tribal Council is in support of and is committed to participate in the endeavors of the Tribal Courts and the Mohican Family Center. Seconded by Jeremy Mohawk.

Motion maker amends motion to change resolution number to 042-20. Second concurs. Motion carried.

RED SHAWL GALA TABLE DONATION-

Motion by Jolene Bowman to support the donation of a table at the Red Shawl Gala since this request was prior to the charitable donation policy being approved. Seconded by Craig Kroening, Jr. Motion carried.

EXECUTIVE SESSION-

Motion by Jolene Bowman to go into Executive Session. Seconded Marv Malone. Motion carried at 3:05 PM.

Motion by Martin Welch to come out of Executive Session. Seconded by Craig Kroening, Jr. Motion carried at 4:18 PM.

ADJOURNMENT-

Motion by Jeremy Mohawk to adjourn. Seconded by Jolene Bowman. Motion carried at 4:20 PM.

The Academy of Nutrition and Dietetics states that National Nutrition Month® is about making informed food choices and developing healthy eating and physical activity habits. This year's theme is Eat Right, Bite by Bite, which focuses on how every bite of nutrition can be a step in the right direction towards better health.

Eating healthy and having healthy eating patterns are crucial since they can reduce the risk of numerous diseases, including heart disease, Type 2 diabetes, certain types of cancer, and obesity.

This year's theme concentrates on how minor changes can make a big difference on improving our health. Healthy eating doesn't have to be restrictive or time consuming- setting small goals and taking simple steps is a great way to get started on eating healthy. You don't have to make every change necessary at one time- focus on

achieving the small goals you set first and add new goals as you accomplish the previous ones. Every bite of nutrition counts.

To begin making healthy food choices, try to eat a variety of nutritious foods every day. You can plan your meals each week, learn new cooking skills, consult a Registered Dietitian, and use reliable resources for healthy eating tips and resources as tools to assist you to make the healthy food choices. Eatright.org and ChooseMyPlate.org are websites run by nutrition professionals and have science-based food and

nutrition information and healthy eating tips for the public.

MyPlate Nutrition Tips for healthy eating:

- **Focus on whole fruits:** whole or sliced fruits, rather than fruit juice, provide a good source of dietary fiber. Canned fruits can also offer some fiber, but make sure the fruit is packaged in 100% water rather than syrups that are high in sugar.
- **Vary your veggies:** vegetables vary in nutrient content. Eating a variety of vegetables will provide many nutrients we need to keep our bodies healthy and may reduce the risk of heart disease and certain types of cancer.
- **Make at least half of your grain's whole grains:** Whole grains provide more dietary fiber than refined grains, as well as a variety of antioxidants, vitamins and minerals.
- **Vary your protein routine:** you can eat a variety of protein sources including beans, seafood, fish, lean meats, etc. Eating protein from a variety of sources ensures you are getting the correct amount of amino acids, which help your body build muscle and regulate immune functions.
- **Move to low-fat or fat-free milk or yogurt:** low-fat dairy products provide protein, calcium and a variety of other nutrients without

the added calories from fat. Calcium-fortified soymilk is also part of the dairy group for people who cannot drink milk or choose not to.

- **Review the nutrition facts label:** choose items with less sodium, saturated fats, and added sugars. Pay attention to the servings per container, calories per serving, and the serving size suggested- which is suggested serving size from the company and doesn't mean you *should* eat that much. Consult ChooseMyPlate.org for serving size guidelines on fruits, vegetables, protein, grains, dairy, and oils.
- **Use the 5/20 rule for nutrition labels:** 5% DV or less is considered low. You want to aim low for total fat content, saturated fat, trans fat, cholesterol, and sodium. 20% DV or more is considered high. You want to aim high for vitamins, minerals, and fiber.

Every little bit (or bite!) of nutrition is a step in the right direction. Focus on using credible sources, such as ChooseMyPlate.gov, for nutrition information. Keep in mind, one of most important steps you can take is to learn how to read and understand a nutrition label. Bite by Bite, you can experience how small goals and changes have a powerful, cumulative effect on health.

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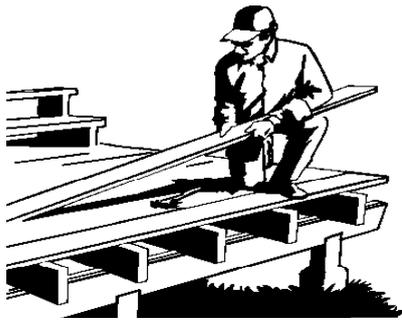
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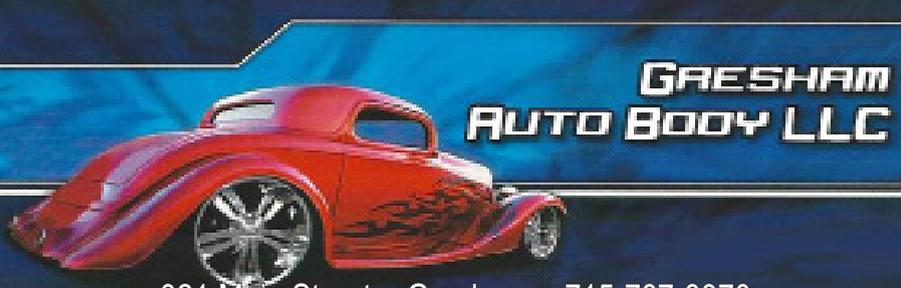
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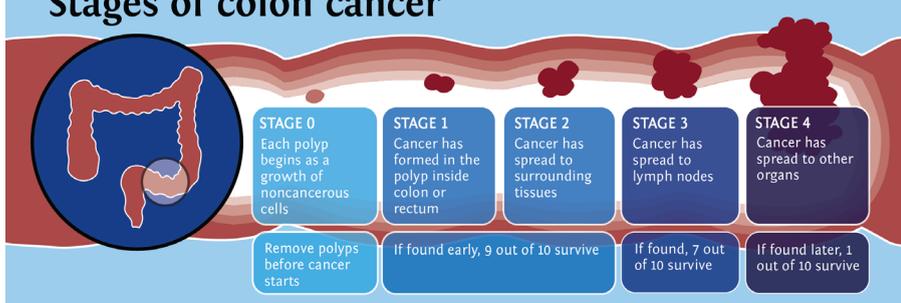
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Stages of colon cancer



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What can I do?

- QUIT SMOKING
- EAT FRUITS & VEGGIES
- WEIGHT CONTROL
- GET SCREENED
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Screening tests
Colon cancer screening for American Indians is recommended for those ages 45-75

- STOOL-BASED TESTS**
 - Looks for blood in the stool
 - Take test at home every 1-3 years
 - Mail or return to clinic
 - If positive, must have colonoscopy
- VISUAL TESTS**
 - Looks directly in the colon
 - Test is done at a medical center
 - Colonoscopy can prevent cancer by removal of polyps during test

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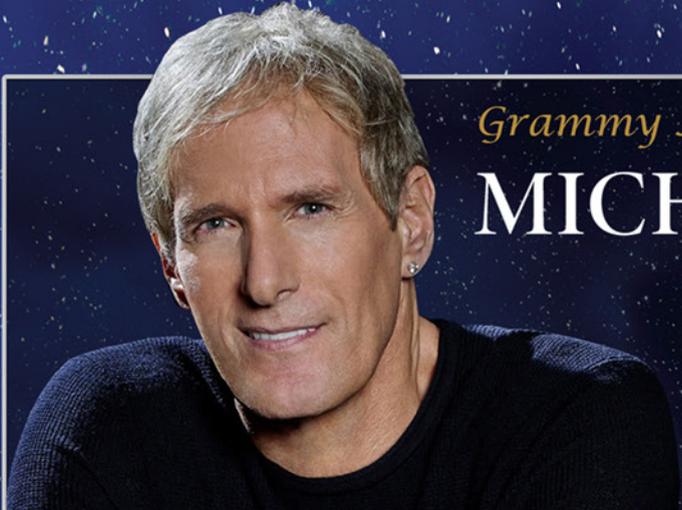
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