

Incident Command Team Public Information Update

The Incident Command Team is actively working within the Community to protect the Health and Safety of all Community members. Our objectives are still to reduce or eliminate spread within our Community. We have multiple sources for protective equipment for our Medical staff and Police, Fire and EMS staff. Sources for obtaining additional equipment and centralized disbursement is managed daily. Supply and demand dictate this process and we are thankful for the Teams approach to securing needed supplies for our Community.

Incident Command Team is also preparing for spring weather and designated buildings for emergency shelters will be staffed by Public Safety and some protective equipment will be supplied to the Community in our shelters. Social distancing will be a priority in the shelters. Currently the Moshubee apartments are shelter for our Elders, the Family Center bathrooms and the building between the Family Center and baseball field will be staffed in the event of needed shelter from storms.

Learn how you can plan, prepare your families and homes, and cope with stress before and during a COVID-19 outbreak.

- Plan and make decisions in advance of an illness.
- Know how to protect and support the children in your care.
- Find ways to cope with stress that will make you, your loved ones, and your community stronger.

Prepare for possible illness

- Consider members of the household that may be at greater risk such as [older adults and people with severe chronic illnesses](#).
- Choose a room in your house that can be used to separate sick household members from others.

Take everyday preventive steps

- Wash your hands frequently
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- [Clean and disinfect](#) frequently touched objects and surfaces
- Be prepared if your child's school or childcare facility is temporarily dismissed or for potential changes at your workplace.

Watch for symptoms

- Stay home and speak to your healthcare provider if you develop any of these symptoms:
 - Fever or
 - Cough or

- Shortness of breath
- If you develop emergency warning signs for COVID-19 get medical attention immediately
- Emergency warning signs include*:
 - Trouble breathing
 - Persistent pain or pressure in the chest
 - New confusion or inability to arouse
 - Bluish lips or face

*This list is not all inclusive. Please consult your medical provider for any other symptoms that are severe or concerning.

If someone in your home is sick

- Continue to practice [everyday preventive actions](#)
- Keep the ill person in a separate room from others in the household
- If [caring for a sick household member](#), follow recommended precautions and monitor your own health
- Keep surfaces disinfected
- Avoid sharing personal items
- If you become sick, stay in contact with others by phone or email
- Stay informed about the local outbreak situation
- Notify your work if your schedule needs to change
- Take care of the [emotional health](#) of your household members, including yourself

The best way to prevent illness is to avoid being exposed to this virus.

Cover your mouth and nose with a face cover when you have to go out in public