

Homefront Support Group



Open to All who support Veterans- Family and Friends

**(children age 13 and over are welcome;
Veterans themselves are also welcome)**

Do you care about someone who served, or is serving, in the armed forces? Do you want to help them, but don't know how? If yes, you are welcome at Advocate Aurora's new Homefront Support Group. Come to a private, safe, and free group to find support from others who also struggle to support Veterans close to them. This group is facilitated by mental health professionals with military experience. Topics will include:

- difficulties of Veterans transitioning
- understanding military culture
- communicating with Veterans
- barriers to receiving help
- resources available to Veterans
- family problems

Every Monday via Zoom 12:00-1:00 PM

Join Online:

[https://aah-org.zoom.us/j/97327086587?
pwd=ZDQ5T09TTTdRNEdockJCbzdTZ1RRQT09](https://aah-org.zoom.us/j/97327086587?pwd=ZDQ5T09TTTdRNEdockJCbzdTZ1RRQT09)

Or Call:

Dial +1 312 626 6799

Meeting ID: 973 2708 6587
Passcode: 2022

For questions about this group,
please call 414-773-4312

For information about the program, visit
<http://www.aurora.org/vrp>