

February

|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
| S  | M  | T  | W  | T  | F  | S  |
|    |    |    | 1  | 2  | 3  | 4  |
| 5  | 6  | 7  | 8  | 9  | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 |    |    |    |    |



# March 2023



April

|    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|
| S  | M  | T  | W  | T  | F  | S  |
|    |    |    |    |    |    | 1  |
| 2  | 3  | 4  | 5  | 6  | 7  | 8  |
| 9  | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 |    |    |    |    |    |    |

| Sunday       | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday   |
|--------------|--|--|---|--|---|--|
| <b>MARCH</b> |  |         | <b>Cooks Choice 1</b><br><b>Soup</b><br><b>BLT on wheat</b><br><b>Mini</b><br><b>Cheesecake</b>       | <b>Baked Chicken 2</b><br><b>Peas &amp;</b><br><b>Carrots</b><br><b>Buttered</b><br><b>Noodles</b>   | <b>Egg Breakfast 3</b><br><b>Pizza</b><br><b>Hashbrown</b><br><b>Yogurt w/fruit</b><br><b>Oranges</b> | <b>All meals served with Milk, Juice, Coffee or Milk</b> |
| 5            | <b>Bratwurst 6</b><br><b>Baked Beans</b><br><b>Sweet Potatoes</b><br><b>Cookie</b>   | 7  | 8   | <b>Baked Fish 9</b><br><b>Baked Potato</b><br><b>Coleslaw</b><br><b>Rye Bread</b><br><b>Brownie</b>  | 10  | 11   |
| 12           | <b>Cheeseburger 13</b><br><b>Red Beets</b><br><b>Green Beans</b><br><b>Pasta Salad</b><br><b>Jello</b><br><b>Fruit Cup</b> | 14   | 15  | <b>Unstuffed 15</b><br><b>Pepper Soup</b><br><b>Cheese</b><br><b>Sandwich</b><br><b>Iceberg Salad</b><br><b>Cookie</b>   | 16  | 17   |
| 19           | <b>Elderly 20</b><br><b>Center</b><br><b>Closed</b><br><b>Today</b>  | 21   | 22  | <b>Beef Tips &amp; Wild 23</b><br><b>Rice</b><br><b>Mixed Veggies</b><br><b>Romaine Tomato</b><br><b>Salad</b><br><b>Cupcake</b>   | 24  | 25   |
| 26           | 27   | 28   | 29  | 30   | 31  |  |
|              | <b>Fish Sandwich 27</b><br><b>Mac N Cheese</b><br><b>Mixed Veggies</b><br><b>Pudding</b>                                   | <b>Pork Chop Suey 28</b><br><b>Brown Rice</b><br><b>Egg Foo Yung</b><br><b>Fruit Pie</b> | <b>Corn Cheddar 29</b><br><b>Chowder</b><br><b>Reuben</b><br><b>Sandwich</b><br><b>Jello w/ Fruit</b> | <b>Turkey over Stuffing 30</b><br><b>Mashed Potato w/ Gravy</b><br><b>Mixed Veggies</b><br><b>Cranberries</b><br><b>Wheat Roll</b><br><b>Cake &amp; Ice Cream</b><br><b>HAPPY BIRTHDAY</b><br><b>MARCH 2023</b><br> | <b>Breakfast Bake 31</b><br><b>Wheat Bread</b><br><b>Granola Bar</b><br><b>Cut Fruit</b>              |  |