

# BRAVE

## HEALING TRAUMATIC BRAIN INJURIES IN VETERANS AND FIRST RESPONDERS

Military veterans and first responders are tasked with going into situations that can not only be extremely dangerous but can commonly result in brain injury, trauma, and great distress.

The BRAVE program is here to help.

### Symptoms of Traumatic Brain Injury

Here are some of the symptoms of mild to moderate traumatic brain injury (TBI). It's important to note that symptoms can have wide-ranging physical and psychological effects, and some people don't experience them until days or weeks after an injury.

- Aggression
- Anxiety
- Blurred vision
- Changes in sense of taste/smell
- Depression
- Difficulty sleeping
- Dizziness or loss of balance
- Easily distracted
- Fatigue
- Headache
- Impulsivity
- Irritability
- Memory problems
- Mood changes/swings
- Nausea
- Ringing in ears

### WHAT TO EXPECT

Your journey to healing starts with a pre-screen and online evaluation.

If approved for the program, you'll receive a three-day assessment at our clinic near Milwaukee, Wis.

You'll meet with a core team of specialists who will develop a customized care plan that will address your specific TBI.

There may be opportunities to attend our intensive outpatient program or outpatient classes following the evaluation.

### NO BARRIERS

The BRAVE program accepts veterans and first responders with TBI, regardless of:

- Discharge status
- Financial situation or health insurance coverage
- With or without a formal diagnosis
- When or how your injury happened

### ABOUT BRAVE

BRAVE is the Midwest's first program designed specifically for treating mild Traumatic Brain Injury (mTBI) in military veterans and first responders.

Our program is a collaboration of Avalon Action Alliance, national organization focused on the cognitive health and mental wellness of veterans and first responders, and the Wisconsin Institute of NeuroScience (WINS).

### THE FIRST STEP

To begin your journey, scan this code or call 414-427-5370.



### BRAVE Program

Greenfield Highlands Health Center  
4455 S. 108th St.  
Greenfield, WI 53228



# BE STRONG. BE RESILIENT. BE BRAVE.